



***Shivambu  
“Nectar of Life”***

## ***NATURAL BENEFITS OF URINE THERAPY***

**“Urine Therapy can Control / Cure Cancer  
And All Kinds of Chronic Diseases  
The Healing Power is within us.”**



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## **“Educational sections on Secret of Excellent Health”**

**Natural Benefits of Urine Therapy one of the “Educational sections on Secret of Excellent Health” for every-one to maintain hale and healthy life. It has Natural Healing Powers to Control and Cure all kinds of Diseases. It is very effective healing method and most powerful Natural treatment.**

**I have treated / cured patients suffering from:-**

**Mouth / Cheek Cancer**

**Stomach Cancer “Carcinoma Stomach”**

**Ovarian Cancer “Papillary Adenocarcinoma”**

**Breast, Lungs & Bone Cancer “Metastatic Breast Carcinoma”**

**HIV/AIDS, Diabetes, Kidney Failure, Gall Bladder stones,**

**Cerebral Palsy, Mental Retardation-Disability,**

**Motor Neuron Disease, Muscular Dystrophy,**

**Nephritic Syndrome, Asthma, Paralysis, Psoriasis,**

**Skin problem, Thyroids, Premenstrual syndrome**

**“P M S”, Acute Lumbar Spondylosis “A L S” etc**

**Urine Therapy “SHIVAMBU” is the ancient method of treatment which has been continuing from generation to generation. Reference of Urine Therapy is found in almost all the volume of AYURVEDA. It is also the ancient method of Yoga practice.**

**In Ancient Books and Vedas Urine is referred as “SHIVAMBU” (Auto Urine) meaning Water of SHIVA. They termed “SHIVAMBU” as Holy Liquid. According to them Urine is more nutritious than milk.**

**In the ancient method “Urine Therapy” was practiced in the traditional method of treatment which was very difficult for most of the people to adopt and achieve its benefits. It can be adopted and practiced at home in an easy method.**

**I have studied, Investigated and Researched the proper Method and technique to achieve the maximum Benefits from Urine Therapy which can be followed and practiced by every-one including young children suffering from Cerebral Palsy from the very birth. It can be adopted and practiced at home in a very easy method.**

**Urine Therapy is an entirely drugless effective system of healing all kinds of Chronic Diseases and maintaining good health. Most of the people have stigma attached to “Urine” as they are not aware of its benefits. They should develop the positive attitude, and realize the natural healing power within us. Persons suffering from chronic disease who adopt Urine Therapy in a cheerful manner and with the positive attitude will realize and observe the benefits in their mental and physical health within a short period of 10 to 15 days.**

**The proper method of Urine therapy is Drinking Urine, Massaging the whole body with Urine, keeping Urine wet pack, drinking water, and juices and by maintaining a balanced light diet. Persons who adopt this treatment in proper method will pass white colorless Urine (like water) which does not contain any smell and they can gain proper knowledge to achieve maximum benefits.**

**Doctors and scientists should believe the facts that “URINE has Natural Divine Healing Power” and there is only one Natural remedy which can Control and Cure various kinds of Diseases. They can do research and have scientific evidence that whatever I have claimed is the truth.**

## **Awareness of Urine Therapy can save Millions of Life**

**Government should instruct the Scientific Department to Research and find out the efficacy of Urine Therapy on the various ailments and for the wellbeing of mankind.**

**They should Recognize Urine Therapy as Natural Method of Treatment. Organize Doctors and a Scientific meeting and conduct a Program to discuss and Create Awareness on “Natural Benefits of Urine Therapy”**

**They should instruct Medical & Educational department, Hospitals, Colleges and School to educate people on “Natural Benefits of Urine Therapy”**

**I have submitted the “Case history of some Patients”. The Testimonial and the recorded Statements of the patients are evidence of the scientific proof. For more details and video recording of the patients who have achieved benefits from Urine Therapy log on to: - Web site: - [www.urinetherapy.in](http://www.urinetherapy.in)**



## **Dr. Ballal's Ayur Care Clinic**

**Special Care: Hair, Skin & Allergy, Asthma, Diabetes, Joint Pain Problems  
Sterility & all Types of Gynecological Problems**

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**Date 27-10-2010**

**I am Dr. K.C. Ballal an integrated Physician (B.S.A.M. Ayurveda degree and B.A.M.S Allopathy course) since 1977. I am a Regd. Medical Practitioner.**

**I started my career with 100% Allopathy line of treatment. In 1979 I joined Navashakthi Ayurvedic Aushadhalaya of Dr. C.D. Pants at 5<sup>th</sup> Main, 6<sup>th</sup> Cross, Gandhinagar BANGALORE. Then I started practicing Ayurveda during morning time and Allopathy during evening time.**

**Then slowly I came to know about the side effects of Allopathy Medicine and started practicing more Ayurvedic line of treatment. Then I started encouraging alternative systems of medicine that is Acupuncture, Magneto Therapy and also system like Homoeopathy and Unani. My main theme is to give good results to the patients (early and safe) by any system of medicine. I used to refer my patients to other systems and alternative therapy.**

**In 1995 I found a very good alternative system through Mr. JAGDISH BHURANI that is "Self Urine Therapy" in Ayurveda it is called as Shivambu. I used to refer many patients to JAGDISH BHURANI for Urine Therapy of many ailments like "Kidney Failure", Breast Cancer, Arthritis, Alopecia, Muscular Dystrophy, and Mentally Challenged (retarded) cases. He has treated almost all the cases very successfully.**

**My suggestion to the public is that they should utilize and adopt this ancient way of treatment, just like our former Prime Minister Sri Morarji Desai was using Urine Therapy. Especially the poorest of the poor should adopt this, because no need of spending money on the treatment, including for the cancer treatment which Mr. JAGDISH BHURANI has successfully handled.**

**He is doing a very good Free Service to the human kind. So let us all popularize this Urine Therapy and join hands with Mr. JAGDISH BHURANI to help Nation and the World to be healthy by 2020. It is preventive and curative method also.**



**(Dr. K. C. Ballal)**

**Member – C.C.I.M. Govt. of India, New Delhi  
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Date 25-05-2010

Master Rakshith, now aged 10 years was suffering from Nephritic Syndrome (a disease of the Kidney where protein is lost in the urine). He was first diagnosed to have the disease at 1 ½ years of age. Since then he was being treated with Steroids. In spite of this treatment he was having frequent relapses and was dependent on Steroids.

He underwent Kidney biopsy and the diagnosis of minimal change Nephritic Syndrome was confirmed. Once the Steroids were stopped he used to get swelling of face, abdomen and legs and he used to be put on Steroids again. Every time steroids were used he used to develop headache, stomach pain and limb pain.

Because of his Dependence on Steroids and frequent relapses he was put on low dose steroids for 2-3 years. In spite of this he was getting repeated attacks of swelling of face, abdomen and limbs. He was then started on levamisole (an immuno modulating drug) for 2 years. In spite of above treatment he had frequent relapses of Nephritic Syndrome. Also he frequently used to get cough, cold and wheezing.

Due to the sufferings he was unable to lead an active and normal life and could not play with other children. He could not attend to School regularly and most of the time his diet was salt restricted and bland.

Cont...



In December 2008 I came into contact with Mr. Jagdish Bhurani who was practicing Urine Therapy and I was impressed by his results with other patients. Hence I referred Mater Rakshit to Mr. Jagdish Bhurani. Under his guidance "Urine Therapy" was started and the child started improving within 10 days. Steroid tablets were gradually reduced and he continued the treatment for 3 months. Now he is not dependent on Steroids. All the blood test and urine tests required for Nephritic Syndrome were repeated and are normal.

He is now relieved from all kinds of pain, swelling and wheezing difficulty. He has become a normal and active child and he can play with other children which he could not do earlier. Now he is regularly going to school and attending his classes and has topped his class in exams.



**Dr. Kumar H.C.**  
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## **“Shivambu” in Damar Tantra**

**God has given a wonderful gift to man, his own water “The Shivambu”.**

**SHIV means beneficial, Salubrious, and ‘AMBU’ means water. The combined Sanskrit word “Shivambu” (beneficial water) has been formed from these two words. Auto Urine or Self Urine therapy is found in Damar Tantra is an ancient Sanskrit Work. It contains a detailed description of the system of therapeutics utilization of Shivambu. I.e. Auto Urine Therapy, as expounded by Lord Shiva to his Divine Consort, the Goddess Parvati. There are 107 shlokas or verses in the meter called “Anushtup Chhandas”. It is asserted in the Damar Tantra that all diseases can be cured by Shivambu (One’s own urine), and all mankind can retain health and strength through the regular use of Shivambu.**

**Child starts growing in the mother womb.**

**The fetus of the unborn child of the pregnant women is surrounded by the Amniotic Fluid.**

**Amniotic fluid is very important for the growth of the baby which contains Fetal Urine.**

**Amniotic fluid and fetal urine is continually being "inhaled" "exhaled", by the baby.**

**Unborn child Floats, Breathes, swallows amniotic fluid & fetal Urine in the mother’s womb. Urine is completely harmless which Protects and promotes muscular/skeletal development of the baby to grow in a normal manner and helps to give life to a child.**

**Urine which protects the developing child to grow in the mother’s womb and give life to a child has Natural powers to Prevent, Control and Cure all diseases.**

**There are many people who have misconceptions about urine and they think that it is dirty, even poisonous, because it is discharged by the body. Urine looked down upon and treated as body waste by most people, is actually much cleaner than water. Not only has that, but the drinking of one’s own urine undoubtedly a very shocking thought, cured many otherwise incurable ailments.**

**Until you try it, you will never know how good its effects are on your body. You will be really surprised by the good results. Moreover, you won't have to bear as much pain, go to the doctor so often, or spend so much on conventional medical treatments. Urine is a filtrate of one's own blood.**

**“Urine Therapy can Control / Cure  
All Kinds of Chronic Diseases  
The Healing Power is within us.”**

Millions of people are suffering from Chronic Disease. To-day mankind has been surrounded by innumerable incurable diseases and man is feeling utterly helpless and dejected.

According to the survey conducted by the Government people affected with these dreadful Diseases are increasing every year. Scientists and Medical Research Department despite their endeavor and continued Research have not been able to discover permanent cure for several diseases.

Nature has provided us with all Natural Amenities like Air, Water, Sun light etc., which are essential for our Body. It has also provided us with “DIVINE NECTAR” known as “URINE” which flows from our Body. Urine has a Natural Healing Power to Control and Cure all kinds of Diseases. Just like Nature has provided milk in the mother’s breast for nourishment of the infant child, similarly Nature has also provided Urine in human body for preservations of their health and cure of various diseases.

“URINE THERAPY” is the Most Effective Natural Remedy and the safest method of treatment which does not have any side effects. It can Prevent, Control and Cure all kinds of chronic diseases such as Cancer, Diabetes, Blood Pressure HIV/AIDS, Kidney failure, Muscular Dystrophy, Arthritis, Psoriasis, Hair loss, Mental Retardation and Cerebral Palsy etc.

It can boost the Immune System, Improve Nervous Disorder, Dissolves and Removes the Toxins Accumulated in our body. It can Revive dead Tissues, Rebuilds Resistance Power of the Vital Organs like, Brain, Heart, Lungs, Pancreas, Liver and Intestine etc. It rejuvenates our body and safe guards the general Health of the people.

The whole world at large can get rid of dreadful diseases and blessed with the Natural healing Power by “Urine Therapy.” The very feeling that the “Devine Panacea” the solution for all Ailments is within us can fill your life with immense pleasure. Person’s self confidence and positive attitude can solve all their problems and they will be able to maintain healthy & happy life.

Physicians and Doctors keep on saying that Urine is poisonous excreta of the body is far from truth. It has been proved by my practical experience that almost all the Diseases can be prevented, controlled and cured by Urine Therapy provided it is done systematically in the proper method.

**Sun light is Nature's Gift to mankind. We need Sun light to survive and be healthy in body and mind. Sun light positive energies at sunrise helps to balance and promote healing physical, emotional and spiritual. Sun is perceived as co-creator and sustainer of Life on earth. Scientist through out the World cannot invent or make any other manmade alternative Power equivalent to Sun light.**

**Urine is the "Elixir of life" a natural liquid that can cure host of diseases gifted by nature for the purpose of maintaining healthy life. The similar or the equally powerful natural liquid does not exist in the world and cannot be created and achieved through any other source of alternative medicine or through any other scientific method. Urine is the water of life which is the Natural gift given by our creator for spiritual growth and physical well being. Urine has "The healing power which is within you". Only you can heal yourself, nobody can help you unless you can help your self.**

**Urine is a Universal and excellent Remedy for all distempers inwards and outwards of Body. It is Antidote to poisons and destroys poison and all disease generated from VIT, PITT, KAFFA and it improves digestion and body becomes strong. It cures the illness by removing the waste products and toxins from body and also stimulating the defensive mechanism of body. It acts wonderfully on insects and other poisonous bites. It works for all sorts of pregnancy problem, excessive menstruation, and tumor in Uterus. It destroys many diseases of eyes, worms of intestines, scarlet fever and all skin diseases.**

**Urine is gifted by nature for the purpose of maintaining healthy life. It is an entirely drugless system of healing all kinds of diseases and maintaining good health. It purifies blood and gives new span of life. Urine contains the necessary compounds, Vitamins, Hormones and all valuable minerals, salts and chemical compounds which are very essential for growth and maintenance of human body. Volatile salts of Urine power fully absorbs acid and destroys the very root of most disease in human body.**

**The taste and the color of the urine depend upon what we drink and eat. Persons have to overcome Stigma attached to it and understand the proper method, technique, necessary diet and mode of treatment. When we wash our vessels or dirty cloth with pure water, the water becomes dirty which has to be discarded in drain. Similarly if we include oil, salt and chilies in our diet then we will pass yellow color urine and it will contain smell which has to be discarded. But if we avoid and do not include oil, salt and chilies in our diet and take balanced light diet, drink plenty of water and juices then we will pass colorless urine like pure water which contains multiple vitamins.**

**Urine is the watery part of the blood. Since Urine comes from the blood, it would qualify anyone who drank each other's Urine provided if it is followed by the proper diet. Urine of a healthy person can be drunk or messaged by any other person who have difficulty or unable to collect his own Urine. A Person can drink Urine of any other healthy person as there is no other remedy equaling to this. It contains healing power which is amazing and a person gets enlighten spiritually which has to be experienced personally.**

**Mother can collect her white color Urine (color less like water) and give it to her child for drinking immediately after she passes from her body provided she drinks more water and eat only light and balanced diet.**

**This method can be adopted and Urine can be given to children and other persons who are affected with disease by birth like Cerebral Palsy and mental disorder. Urine can also be given to other persons who are unable to drink their own urine while undergoing treatment and who are suffering from any kind of Chronic Disease or who are diagnosed with Terminal and the final Stage.**

**\*Urine is very effective healing modality and most powerful Natural treatment.**

**\*It has Natural healing powers to Control and Cure all kinds of Chronic Diseases.**

**\*It can boost the Immune System, Improve Nervous Disorder, Dissolves and Removes the Toxins Accumulated in our body.**

**\*It can revive dead Tissues; Rebuild Resistance Power of the Vital Organs like, Brain, Heart, Lungs, Pancreas, Liver and Intestine etc.**

**\*It rejuvenates our body and safe guards the general Health of the people.**

**\*It is an entirely drugless effective system of healing all kinds of Chronic Diseases.**

**\*It is the safest method of treatment which does not have any side effects.**



**\*It is more powerful and has greater benefits than Chemotherapy and Radiation.**

**\*It can kill Cancer cells without destroying the other active healthy cells.**

**\* It can also minimize the side effects of Chemotherapy.**

**\*It can give a new span of life to terminal patients suffering from Chronic Disease.**

**\*It is one of the POSITIVE modes of treatment and it takes a short period to Control and Cure all ailments compared to all other methods and Alternative Therapies.**

**Urine Therapy can Control and Cure Cancer. It is more effective and has greater benefits than Radiation and Chemotherapy. It can destroy the growth of Cancer Cells and prevent them from spreading to the other parts of the body. It can kill poisonous substance in the cancerous cell without producing any side effect. It is also effective natural alternative for blood transfusion.**

**Persons who are suffering from Chronic Disease should adopt Urine Therapy by drinking Urine, massaging the body with Urine, keeping Urine wet pack on the body, drinking water, juices and maintaining balance light Diet.**

**Persons who have adopted Urine Therapy can undergo “Strict Urine Fasting” for 3 days i.e. dinking only water and Urine during the treatment. Urine fasting can be repeated after 7 days to achieve better and faster results.**

**Cancer is conventionally treated with Surgery, Radiation therapy and Chemotherapy. However statistics indicate that these treatments are limited in their effectiveness to treat Cancer and are riddled with side effects.**

**Chemotherapy has potential benefits which can reduce and kills some of the cancer cells that spread to the other parts of the body. It also helps to shrinks tumor in the body to some extent.**

**Chemotherapy has some side effects as it kills and destroys Healthy cells along with Cancer cells. Various complications arise due to the side effects of this treatment which results in hair loss, vomiting, stomach pain, infection, nerves and muscle pain, decrease of white blood cells and red blood cells in the body.**

**Urine Therapy does not have any side effects. It can be adopted by persons who are undergoing Surgery and Chemotherapy to achieve more benefits and positive results in a shorter period.**

**People who have already undergone Surgery and undergoing Chemotherapy can adopt Urine Therapy to achieve more benefits and positive results in shorter period. They can undergo Chemotherapy as advised by the Doctors and they can simultaneously at the same time continue Urine Therapy. It can decrease and minimize the side effects of Chemotherapy and help them to recover fast. It will improve their immune system, build healthier blood cell and increase their resistance power. “Urine Therapy” can give them a new span of life and can relieve them from all kinds of sufferings.**

**Persons who are undergoing Chemotherapy can drink Urine of any other healthy person during treatment in the hospital. It will help them to reduce the various complications which arise due to the side effects of Chemotherapy. They can also drink their own urine after 24 / 36 hours of undergoing Chemotherapy provided they keep on drinking plenty of water. They can drink their own urine whenever they find that their urine is colorless and it does not contain any smell.**

**Doctors and Oncologist does not recommend Chemotherapy or any other treatment to the patients who are diagnosed with the advanced and terminal 4<sup>th</sup> stage of Cancer. They feel that their survival chances are very less and that the patient will not be able to withstand the side effects of Chemotherapy. Doctors give away their hopes of their Survival and prescribe them palliative medicine.**

**Palliative Chemotherapy and palliative medicine can reduce the pain to some extent and helps them in difficult situation till they survive. It does not cure any disease.**

**Urine Therapy can be adopted by the persons who are diagnosed with the advance and terminal 4<sup>th</sup> stage of Cancer wherein any other medicine do not respond. When Urine Therapy is adopted in a proper method it's effects and benefits starts responding within a short period. It can kill the cancer cells and prevents them from spreading to other parts of the body and relive them from their sufferings.**

**Urine Therapy can reduce and minimizes the side effects of Palliative Chemotherapy which are given to the Cancer patient in terminal stage**

**Palliative Chemotherapy is not powerful or a strong injection. Its benefits and side effects are limited. It does not cure Cancer. It is light / mild injection and has some benefits to shrinks Cancer cells and it can become helpful and supportive method to cure Cancer when it is given along with Urine Therapy.**

**\*Doctors give away their hopes of survival to the patients who are on palliative treatment. They advise them palliative medicine just to reduce their pain and overcome difficult situation. Persons who are taking Palliative treatment /medicine can also adopt Urine Therapy. It can relieve their pain and sufferings and increase their span of Life.**

**\*Doctors should believe the facts that “URINE has Natural Divine Healing Power” and there is only one Natural remedy which can Control and Cure various kinds of Diseases. The Testimonial of the patients and the evidence of the Medical test Reports has proved the Facts.**

**\*Doctors can adopt their own method of treatment but at the same time they should not have any kind of barrier for the Natural method of Treatment as long as the patients are cured and are relieved from their sufferings.**

**\*Doctors should advice and recommend the patients suffering from chronic disease to adopt Urine Therapy. It can save the Life of millions of people and relieve them from their sufferings. It can give them New Span of Life.**

**In many cases patients can avoid Surgery and Chemotherapy if Urine Therapy is adopted in early stage provided they follow the method of treatment in a proper method.**

### **URINE IS A UNIVERSAL MEDICINE**

**Thousands of medicines are available in the market to cure various diseases. Every medicine has got individual effect on body organs & its various systems. Medicines of stomach cannot be put in eyes. Medicine of eyes is not used for ear & medicine of ear is not suitable for mouth. But Urine is the only medicine prepared in human body which provides a universal remedy as well as prevention and cure of almost every kind of disease, whatever may be its name, its cause or its stage. Also it needs no doctor for diagnosis of disease. God has given such a precious gift right from our birth which is capable of curing diseases whether it is Acute or Chronic as per modern health science.**

**“URINE THERAPY “can decrease Death caused due to Cancer  
It can increase the Survival chances of Cancer patients.**

**Urine Therapy can be adopted by Cancer patients who are undergoing Medical Treatment and Chemotherapy in the Hospital. It will increase the tolerance capacity of the patients and they will not realize the side effects of Chemotherapy and other medicine. They will recover much faster compared to the other patients who have not adopted Urine Therapy.**

**It can reduce / minimize the sufferings of Terminal patients who are kept on Palliative treatment for the rest of the life.**

**It can be consideration as the best supportive system to fight Cancer.**

**It can it increase the Survival chances of Cancer patients.**

**In many cases patients can avoid Surgery and Chemotherapy**

**It can Decrease the number of Death caused due to Cancer.**

**It can boost the Immune System, Improve Nervous Disorder, Dissolves and Removes the Toxins Accumulated in our body.**

**It can revive dead Tissues, Rebuild Resistance Power of the Vital Organs like, Brain, Heart, Lungs, Pancreas, Liver and Intestine etc.**

**It rejuvenates our body and safe guards the general Health of the people.**

**It is an entirely drugless effective system of healing all kinds of Chronic Diseases.**

**It is the safest method of treatment which does not have any side effects.**

**It is very effective healing modality and most powerful Natural treatment.**

**It is more powerful and has greater benefits than Chemotherapy and Radiation.**

**It is one of the POSITIVE modes of treatment and it takes a short period to Control and Cure all ailments compared to all other methods and Alternative Therapies.**

**Urine Therapy is one of the best preventive methods to keep you Away from all kinds of Diseases. It can Control and Cure all kinds of Chronic Diseases. Persons can adopt Urine Therapy Urine Therapy without having any disease. They will feel energetic and will be healthy throughout their life.**

**Urine therapy is good not only for making you beautiful and rejuvenating you, but it affects your personality too. It makes you cheerful. Many of you may wonder whether there is really such a wonderful thing in this world. Well as the proverb goes, "Seeing is believing." Drink it and find out for yourself.**

It is estimated that there are more than 8,000 diseases in the world. There are various number of Medicine, Alternative and Holistic method of treatment. Some of the medicines provided for treatment have limited effects to cure disease and some medicines have side effects.

## DIABETES

There are estimation that there are over 5.8 crore people who are diabetic in India. Diabetes is more common almost everywhere in the world. It is considered to be the root cause of many chronic diseases. Urine Therapy is the safest and easiest method of treatment to prevent, control and cure Diabetes. It can safe guard all other complications arising from diabetes include heart disease, hypertension, and diabetic retinopathy.

Diabetes is a common hormonal problem that if untreated can lead to cause serious health complications including heart disease, blindness, kidney failure, and lower-extremity amputations.

“Urine Therapy” can Control and Cure Diabetes and in many cases intake of insulin / oral tables is no longer require. It can also help in reduction of insulin / oral tablets intake to a large extent. It can prevent the complication which arises through the uncontrolled Diabetes and help to live with a healthy life.

### Method of treatment to Control and Cure “Diabetes”

Diabetes can be controlled / cured with urine Therapy provided it is done in the proper. Initially you have to take tablets / injection (for diabetes) which ever you are taking along with the treatment, but you have to observe the sugar level and gradually reduce the tablets / injection. You will realize the benefits within 10 to 15 days.)

Person who has Diabetes should observe their sugar level regularly and whenever their Fasting sugar level falls to 80 mg/dl or below that, they should decrease their tablets. If they are taking 2 tablets they should reduce it by  $\frac{1}{2}$  tablets every time (i.e. by 25%) Similarly if they are taking injection they should reduce by 25% every time. They can control and cure their Blood Sugar in the above simple method and maintain their regular activities. Persons will realize and observe that their blood sugar level improving day by day and they can gradually reduce their tablets or injection after observing their test reports. The damaged Pancreas will revive and start functioning.



**It is very important and necessary to maintain balance and light Diet along with Drinking Urine, Massaging the body with Urine and keeping Urine Wet Pack. This method should be adopted by patients suffering from Chronic Disease to achieve the maximum Benefits.**

**If a person drinks 500 ml or 1 liters of “Shivambu” the holy liquid (Auto Urine) daily the uncontrolled Diabetes will come under control and his / her daily intake of insulin / tablets will be reduced. It can prevent the complication which arises through the uncontrolled Diabetes and help to live with a healthy life. It is an entirely drugless effective system of healing all kinds of Chronic Diseases and maintaining good health.**

**Drinking ½ Liter to 1 Liter of urine daily can keep a person healthy.**

### **KIDNEY PROBLEM**

**Persons who have kidney problem and are going for dialysis can also achieve benefits from Urine Therapy. They can continue dialysis as advised by the Doctor. They can also adopt Urine Therapy along with it and gradually they will start improving in their health**

**In some cases person who is not able to drink more water and pass sufficient Urine for drinking then that can drink Urine of any other healthy person to achieve benefits. He can drink 1 Liter of urine in a day by consuming small quantity at a time. He has to message his body with urine and keep urine wet pack on his stomach.**

**The Persons who are on Dialysis or who are having high potassium in the Blood should cut the vegetables and soak it in water for 4 to 6 hours to remove the excess potassium from vegetables and then use it which will control the high potassium level in the blood.**

**After drinking Urine if the persons who are not able to collect the sufficient Urine for massaging and keeping urine wet pack, then they can take some other persons urine who are taking light diet and juices and use it. Person who is having swelling on the parts of the body can take one LASIX tablet in the morning initially for few days and the swelling will come down.**

**Persons can also collect Cow’s Urine and use it for external massaging. They can also drink small quantity of cow’s urine in morning.**

## HIV/AIDS

**The country has nearly 2.5 million Persons Living with HIV/AIDS**

**HIV/AIDS is a disease where in people gradually acquire deficiency of immune system and the infected disease does not respond to any medicine. HIV infections lead to progressive reduction in number of T cells of CD 4 counts. Due to the deficiency of CD-4 counts of HIV the patient's immune system gradually reduces. The health of the patient deteriorates day by day and they suffer from various problems. Doctors advise them to take some medicine and Anti-Retroviral Therapy "ART" which is given to them just to delay the deterioration of the immune system. However their sufferings aggravate as there is no cure according to the medical science until to-day.**

**Urine Therapy is more powerful than Anti-Retroviral Therapy "ART". It can control the deterioration of the health of HIV/AIDS patients and improve their energy power. It can control and cure HIV/AIDS and relieve them from all other various problems. It can strengthen their immune system and increase their CD 4 Counts. Some of the people who have CD 4 count as low as 50 can increase their CD count to 800 and above.**

**Urine Therapy can boost the Immunity System and increase CD 4 Counts.  
It can reduce viral infections and relieve a person from all major problems.  
It is an entirely drugless effective system of healing all kinds of Chronic Diseases.  
It rejuvenates our body and safe guards the general Health of the people.  
It Dissolves and Removes the Toxins Accumulated in the body.  
It is the safest method of treatment which does not have any side effects.  
It can boost the Immune System, Improve Nervous Disorder, Dissolves and Removes the Toxins Accumulated in our body.  
It can revive dead Tissues; Rebuild Resistance Power of the Vital Organs like, Brain, Heart, Lungs, Pancreas, Liver and Intestine etc.  
Most of HIV / AIDS patient may not require Antiretroviral Therapy (ART)**

### FOR HAIR FALL

**Message your head with urine,  
Dip cloth in one day old urine keep on your head.  
Wear a plastic cap to cover your head.  
Cover it with another cloth and keep it on your head for 2 hours during day time or during overnight till morning.  
Apart from that you have to drink your urine as advised to you.**

## **CEREBRAL PALSY**

**Cerebral Palsy, Mental Retardation-Disability is the loss of deficiency of Motor Control with Involuntary Spasm due to Brain Damage by Birth that causes Paralysis. They are affected with the disease with twisted hands and legs that they are unable to move or balance without assistance and are not able to speak, hear, sit and stand.**

**Urine Therapy has power to control and Cure all Ailments subject to from very Birth including Cerebral Palsy. Children's affected with Cerebral Palsy by Birth who are unable to move and cannot sit, stand, speak and hear will be able to sit, stand and walk. They will be able to speak, hear, response to sound and recognize persons. It can promote memory, intelligence and develop brain function and improve their Physical Deformity. Their twisted hands and legs can become straight and muscles will develop in their body.**

### **FOR EYE PROBLEM / CATARACT EYES**

**Put fresh urine drops in the eyes and repeat this for 4 times in a day.  
Soak the eyes in the eye cups containing fresh urine and blink it for 10 minutes and repeat this for 4 times in a day.  
Keep urine wet pack on the eyes for 10 minutes. Repeat this for 4 times.**

### **ECZEMA**

**Do not message at the place where you are having Eczema. Just apply urine on that portion and leave to dry. Once it is dried apply urine once again and dry it. You can repeat it number of times. Apart from that you can keep Urine wet Pack on that portion and remove it in the morning**

### **MOUTH / CHEEK CANCER**

**Mouth / Cheek cancer can be cured with urine therapy.  
Hold fresh urine in your mouth for 10 minutes and then goggle it by swirling urine in your mouth and then throw it out.  
Repeat this for 6 times in a day.  
Keep urine wet pack on both sides of your face /cheek  
This method can be adopted for any kind of mouth problem i.e. tooth pain, gum problem or mouth ulcer.  
Drinking urine, massaging body with urine and urine wet pack is necessary.**

## INFERTILITY

**Some important points:-**

**Drinking one's partner's urine is sexually stimulating.**

**Husband and wife has to drink each other's urine.**

**They have to message their body with each other's urine**

**This would transfer hormones from wife's body and strengthen the sperms of husband.**

**Apart from higher sperms it increases sexual capacity and make it possible to conceive.**

**Some women who have the burning ambition to bear babies are unable to conceive children due to infertility for some unforeseen reasons or due to insufficient active sperms of husband. To full fill the ambition to have their own children a husband and wife both of them has to drink each others fresh Urine. Both of them should take the same balanced and light diet along with juices and follow the proper method of Urine Therapy. Urine of both the persons will have the same basic taste if they consume the same diet.**

**Wife has to drink husband's Urine and message her body with husband's Urine and husband has to drink wife's Urine and message his body with wife's Urine. They should also wash their sexual organs with each other's Urine. This would transfer hormones from partner's body and strengthen sperms and make it possible for conception to take place. Apart from increasing higher sperms counts it increases the sexual stimulating capacity and sexual pleasure. While doing this treatment they should continue intercourse and keep on trying until one of these sperms succeeded. A husband's Urine drunk by wife in labor helps the birth and she can also drink her own Urine during the pregnancy.**

**Some women suffer from abdominal pain, white discharge, excessive bleeding and irregular menstruation problem i.e. premenstrual Syndrome (PMS). They get the periods in advance before monthly cycle of 28 days and they suffer from various problems. Some of them undergo hysterectomy (removal of the uterus). Urine Therapy stimulates the body's natural healing processes to rebalance their hormones and regularize their monthly cycles.**

## URINE FASTING

**“Urine Fasting” is very effective and considered to very powerful to destroy the very root cause of most diseases and Cure all kinds of chronic diseases. During urine fasting person has to drink only Urine and Water throughout the day and night without taking any diet and juice.**

**Fasting of course is an age old therapy and well known in many system of Nature. J.W. Armstrong Author of the Book “The water of Life” on Urine Therapy was himself practicing Urine Therapy and he fasted for a period of 45 days without food and cured himself from illness. As recommended by him his patients underwent fasting for a period from 5 days to 60 days without breaking the fast and recovered from their various problems.**

**I have recommended starting of “Urine Therapy” which can be adopted and practiced at home in a very easy method by drinking Urine and Water along with light diet and juices which can be followed and practiced by every-one including young children suffering from Cerebral Palsy from the very birth. This method can be also adopted by the patients suffering from chronic disease wherein Doctors give away their hopes for the patients or they have to be compulsory under Medical treatment.**

**Most of the patients who have adopted the above method have achieved great benefits and they have been relieved from their major problems.**

**I would like to include that the persons who have achieved benefits in the above method can further continue the treatment by doing “Urine Fasting” for 30 days to get better results so that the very root cause of disease are destroyed and the problem do not repeat / reoccur again.**

**Persons who are unable to do the fasting for a long period 30 days continually can follow the easy method by breaking the fast in between for short period:- They can fast for 5 days on Urine and Water only and then take balance light diet for 10 days. Again after the interval of 10 days they can fast for 5 days. By this method 30 days of fasting can be completed in a period of 3 months. During fasting they should not take any medicine / tablets.**

**It is advisable that the person should drink fresh own “Auto urine”. In certain case they can also drink the urine of any other healthy person.**

**The fasting must be attended with urine-rubbing (massaging) and urine pack.**



## URINE INJECTION

Urine Injection can also be given to patients some times to achieve benefits from Urine Therapy.

The technique of giving auto urine injection is same as any other allopathic injection.

The only difference is that auto urine injection should be given relatively slowly.

Technique of giving auto urine injection:

Divide gluteal region into four quadrants.

Upper boundary is marked by iliac crest.

Lower boundary is marked by gluteal fold.

Lateral boundary is marked by anterior superior iliac spine.

Medial boundary is marked by midline.

Intramuscular injection should be given in upper and outer quadrant.

The minimum dose is 2 cc and maximum dose is 5cc.

The initial dose should be 2cc. Later on it is gradually increased.

There is little pain while giving injection as any other allopathic injection.

Don't do hurry. Auto urine injection can raise medico legal issues.

So it should be given by qualified a medical personnel (Doctor or Nurse) who is positive for AUT.

Note: - Fresh Auto Urine 2 cc should be collected from a patient in a sterilized container at the same time while giving injection.

Urine Injection can be given once in a day for a period of 10 days

For more details contact:-

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E-mail: [dr.prataprao@gmail.com](mailto:dr.prataprao@gmail.com)

## URINE ENEMA

Urine Enema can be given to the patients who are suffering from Stomach pain, severe Constipation, Stomach Cancer or any kind of Stomach problem.

To prepare Urine Enema take 500 ml of Urine and mix it with 100 ml of hot water. This can be taken during day time for 2 or 3 days.

## URINE THERAPY

Urine Therapy is not something new, instead it is a time proven method of entirely drugless system of healing and curing host of Diseases which has been continuing from generation to generation. In every civilization people have known the nectar-like properties of Urine. There are numerous references of Urine as a bestowed of heavenly health and super normal powers in “Yogic and Tantric” books.

Urine contains the chemical compounds which are very essential for the growth and maintenance of the health of human body. Indeed it is best natural tonic available in the world. There are some volatile salts in Urine, which are highly beneficial. These salts powerfully absorbs acids and eradicates most of the diseases in human bodies and as result many troubles of the body are cured from their very roots.

Urine is the best remedy for every external and internal disease of the body. It destroys poison and worms of the intestines. It gives new life, purifies blood and clears skin problems. It destroys disease of the eyes, makes body strong, improves digestion and destroys cough and colds. Urine repairs and rebuilds all the vital organs including lungs, pancreas, liver, brain, heart etc. Urine is also effective in dental and other oral troubles.

Urine is the best natural tonic, by drinking Urine, disease of kidneys, liver and bile, dropsy, stopping of sinuses, jaundice, plague and other poisonous fevers are cured. Outwardly applied it cleanses the skin and cures dandruff and is excellent against trembling, numbness and palsy. By applying Urine on body most complex diseases of skin are totally cured and the skin becomes clear and soft.

Blood is developed and generated in our body by Nature. Transplantation of blood from one person to another person is performed in many severe cases of disease to save lives of millions of persons.

Urine is the “Devine Nectar” and since Urine comes from the blood, it would qualify anyone who drank each other’s Urine provided if it is followed by the proper diet. Urine of a healthy person can be drunk or messaged by any other person who have difficulty or unable to collect his own Urine. A Person can drink Urine of any other healthy person as there is no other remedy equaling to this on earth. It contains healing power which is amazing and a person gets enlighten spiritually which has to be experienced personally.

## Ancient Reference

LORD SHIVA has himself narrated the “Benefits of Urine Therapy” to MOTHER PARVATI which has been referred in the ancient book “DAMMAR TANTRA” in Vedas. In Ancient Books and VEDAS Urine is referred as “SHIVAMBU” (Auto Urine) meaning Water of SHIVA.

Urine Therapy is the ancient method of treatment. The Powerful practice for healing “SELF-URINE THERAPY” has been referred in “SHIVAMBU KALPA VIDHI” part of 5000 years old document called DAMAR TANTRA linking this practice to VEDAS the sacred Hindu texts. Reference of Urine Therapy is also found in almost all the volume of AYURVEDA and in one of the volumes BHAVPRAKASHA Urine is termed as “VISHAGHNA” killer of all poisons and “RASAYANA” which can rejuvenate even old person and “RAKTAPAMAHARAM” which purifies blood and cures all skin diseases.

In TANTRIK Yoga culture this practice is termed as “AMROLI.” AMROLI comes from the root word “AMAR.” They termed “SHIVAMBU” as Holy Liquid. According to them Urine is more nutritious than even milk as you are not only physically benefited by the practice, but you become spiritually advanced because it is an Elixir for body, mind and spirit. God has given us this precious Gift (Urine) right from our very birth. The proverb 5: 15 have also been referred in the Holy Bible: - “Drink water out of thane own cistern.”

## Ancient Quotations

*“The cosmic soul knows its need and takes to itself that which belongs to it.”*

*“Auto Urine is Divine Nectar”*

- Lord Shiva –

*(From the Dammar Tanta)*

*Remedy:-*

*“Your medicine is in you, and you do not observe it.”*

*Your ailment is from yourself but you do not register it.*

- HAZRAT ALI –

*“Drink water out of thane own cistern.....”*

- Proverbs 5: 15 –

*(Holy Bible)*

Reference of Urine Therapy is found in almost all the volumes of Ayurveda viz. SUSHRUT, HARIT, BHAVAPRAKASH, YOGRATNAKAR, RAJNIGHANTU, VAGBHATT, DHANVANTARI NIGHANTU and BHAISHAJ-RATNAVALI, many more. In SHIVAMBU KALP VIDHI which is part of DAMAR TANTRA in 107 verses (shlokas) the procedure and rules to be followed while doing Urine Therapy and its beneficial effects are mentioned in detail when taken with certain herbs.

Shlokas 41 and 42 of “Vyavahaarsutra” by the learned Jain Acharya Bhadrababu also mention that one must drink one’s own Urine while taking vow or undertaking the regular performance of a religious ritual.

In Tantrik Yoga culture, this practice is termed as Amroli. Amroli comes from the root word Amar which means immortality, undying, imperishable, Amroli was, therefore a technique designed to bring about immortality. Amroli was originally a spiritual practice rather than a method of treatment. They termed it as a holy liquid i.e. “SHIVAMBU”. According to them Urine is more nutritious than Milk.

Even in Western countries efficacy and fabulous medicinal values of Urine were known to the people, which is evident from old records. In a book “ONE THOUSAND NOTABLE THINGS” published in England. Scotland and Ireland simultaneously in the beginning of Nineteenth Century there are many important and useful references of Urine Therapy available.

The Press Report published on 24<sup>th</sup> October 1967 in the Medical Journals of San Fransisco (U.S.A) that the Normal Human Urine has been found to contain marvelous healing property to cure deadly disease such as Cancer, Tuberculosis, Pulmonary and Cardiac Vascular diseases etc. Research Physicians said at the scientific sessions of the American Heart Association that “An extract of human Urine shows great promise for treatment of certain deadly diseases and the extract is called UROKINASE”.

Pharmaceutical companies in Japan and China are extracting valuable substance called “UROKINASE” out of human Urine and are earning valuable foreign exchange by exporting to the other countries. The extract is useful for dissolving blood clots in heart and lung disease.

Reference of UROKINASE is found on page 1354 in the big volume written by four learned American Doctors. The name of the book is “Goodman & Gilman’s the Pharmacological Basis of Therapeutics” which is published by Macmillan Publishing Co. New York.

It is well known fact that some people Drink Cow's Urine and finds some relief from their pain and sufferings. People drink Cow's Urine in a small quantity directly. They also take Ayurveda and Homeopathy medicine which contains small quantity of Cow's Urine to gain some benefits. Cow's Urine is known as "Sacred Urine" but however they cannot drink Cow's Urine directly in the large quantity.

Whereas people who accept and adopt "Urine Therapy" (Auto Urine) can consume their own Urine in large quantity and achieve maximum benefits. They have to observe that they pass and collect white color-less Urine which does not contain any smell and it tastes just like water. They can also consume Cow's Urine along with Auto Urine and gain more benefits.

Urine analysis and research shows that our own Urine (Auto Urine) and the Cow's Urine contains similar valuable Proteins: - CREATININE, Urea-N (Nitrogen), Urea, Sodium, Potassium, Calcium, Magnesium, Ammonia-N, Chloride, N/10 Acid and other vitamins and hormones which are vital importance in the maintenance of body and health.

When we talk about the word "URINE" many people prefer to ignore this Subject and they do not wish to discuss due to the stigma attached to it. They do not know the valuable tremendous potentiality and Multiple Benefits which can be achieved from it which has "Natural Healing Power."

They should develop the positive attitude, realize the natural healing power within us, gain the inspiration to accept and adopt Urine Therapy in cheerful manner. They should overcome the stigma attached to it and also encourage other people to achieve Natural Benefits from "Urine Therapy."

Urine Therapy is the Ancient method of Treatment. In the Ancient days many Sages and RISHIMUNIS were following and practicing Urine Therapy. They used to enjoy an active healthy life and lived for a very long period of more than 300 years.

Former Prime Minister of India late Sri Morarji Desai was following Urine Therapy and he lived a hale and healthy life till his last days. There are number of prominent great personalities who were practicing Urine Therapy and leading healthy life.

Even to day Millions of people are practicing Urine Therapy across the World. But they do not know the proper Method and Technique to achieve the maximum benefits from Urine Therapy.



## **My Personal Experience**

**In the year 1990 I was admitted in the Hospital for Osteoarthritis and severe weakness in my bones. I got affected with the disease due to the withdrawal and side effects of “Steroids” tablets which I was consuming from a long time for the Eczema in my left foot. In spite of staying for three weeks in the Hospital I could not recover and had difficulty in standing and walking.**

**One of my well wisher advised me to adopt the Urine Therapy and suggested me some books: -**

- 1) Water of Life: - by Armstrong.**
- 2) Miracles of Urine Therapy: - by Dr. C.P. Mithal, M.D.**

**I went through the above books and started Urine Therapy. I used to massage my body with urine twice a day and also used to drink my own urine. I achieved and gained benefits gradually, regained my stamina and recovered fully within a period of 30 days and was totally cured from Eczema.**

**My wife DROPATI BHURANI was suffering from Diabetes and Nervous problem. Due to the severe nervous problem sometimes she would become very weak and could not get up from bed. At that time she used to feel numbness and weakness in her fingers and was unable to hold a pen or a spoon in her hand.**

**After one hour of Body Massage with her Urine she used to feel energy in her body and would get up by herself from the bed and would hold the pen and write on the paper. She used to drink her own Urine every day to keep her hale and healthy. She had adopted this treatment and use to discuss on this subject with others in cheerful manner. She had given me the inspiration to take keen interest on “Urine Therapy.”**

**I along with my wife had attended the First All India Conference of Urine Therapy held in GOA in the year 1993. Thereafter I have been advising and providing my Free Social Service to the persons suffering from Chronic Diseases from the year 1993.**

**I had first prepared my Article on the “Benefits of Urine Therapy” in July 2006 containing 2 pages and distributed copies to the persons who were suffering from Chronic Disease. I used to explain them the proper Method, Technique, Mode of Treatment and the necessary Diet. Whoever have gone through my Article and adopted the proper Method of treatment have achieved and gained great benefits from Urine Therapy.**

**Sri ANGALA PARAMESHWARI MATHA, Chennai has bestowed her Blessings on me and GOD has enlightened me with his Divine Power to Gain proper Knowledge on the Benefits from Urine Therapy.**

**With Practical experience and keen interest I have studied, Investigated and Researched the proper Method and Technique to achieve the Maximum Benefits from Urine Therapy which can be followed by every-one including young children. Persons who adopt and practice Urine Therapy willingly and in cheerful manner can gain this Divine knowledge and they can become their own Doctor with practical experience.**

**I have presented “Case history of some Patients.” suffering from various diseases where in the Doctors had given away their hopes to stop the deterioration of their health and could not cure their disease. All the patients who have been referred there in have achieved great benefits and relieved from their pain and sufferings.**

**Urine is the “SERUM” By-Product of Blood Filtration or watery part of the Blood and not waste filtration. Urine Therapy is the Most Effective Natural Remedy which does not have any side effects. It has the invaluable source of nourishment and healing power. Consuming own Urine regularly is the “Secret of Longevity and exuberant health” the most valuable and beneficial for health, which is capable of curing host of diseases.**

**Our Urine (Auto Urine) contains multiple Natural Proteins. The clean and the white color Urine (like water) do not contain any smell and can be obtained from our body by maintaining a proper and healthy diet. The color and taste of the Urine depends upon the persons what they eat & drink.**

**People are not aware of the method to collect white color Urine (color less like water) which does not contain any smell which can be consumed very easily by every-one including young children. They also do not know the proper diet and juices which can be taken along with Urine Therapy so that they can continue the treatment for longer period and achieve proper benefits without any problem.**

**Persons affected with Chronic Disease who adopts “Urine Therapy” can undergo medical test regularly. They can be under the supervision of Doctor who can observe the gradual progress of their health.**

## **Doctors and Scientists Moral Support**

**Though I am not a qualified Doctor and I do not hold any Medical Certificate, with practical experience, I have treated and cured patients suffering from Chronic Diseases which are not curable according to the Medical science, like Cancer, HIV/AIDS, Diabetes, Gall Bladder stones, Cerebral Palsy, Mental Retardation-Disability, Motor Neuron Disease, Muscular Dystrophy, Nephritic Syndrome, Chronic Kidney Failure, Paralysis, Hair Loss “Diffuse Disc Dehydration”, Acute Lumbar Spondylosis “ALS” etc.**

**I have the Medical diagnosed test reports of all “Patients who have gained and achieved benefits from Urine Therapy”. Some of the patients have given their written statements and some have given their recorded statements before and after the treatment. Urine Therapy is the Excellent Healing Modality which is more effective and powerful Natural treatment.**

**Doctors, Scientists and the Research Department should not have any barrier for the Natural method of Treatment as long as the patients are cured. They can conduct the proper survey by observing the improvement of the Mental and Physical Health of the patients who have achieved remarkable benefits without surgery. They can also examine their various diagnose and Medical test reports. Doctors and Scientists should provide their Moral support to Recommend and Encourage the People to adopt this Treatment.**

**Doctors and scientists should believe the facts that “URINE has Natural Divine Healing Power” and there is only one Natural remedy which can cure various kinds of Diseases. They can do research and can have scientific evidence that whatever I have claimed is the truth.**

**W.H.O. should Recognize “URINE THERAPY” as a Natural Remedy. It is safe and the most effective method of treatment. They are well aware that some of the Pharmaceutical companies have grossed billions of rupees from sale of life saving Drugs and Injections made from human Urine.**

**The Government Organization, Scientist, Doctors, Media and Private Organization should Create Awareness on “URINE THERAPY” and Educate people on the proper Method, Technique, Mode of Treatment and necessary diet to Achieve the Benefits from Urine Therapy. The Awareness should reach all the remote corners of the World.**

**Awareness of Urine Therapy is Free Service to Humanity.  
It will help Millions of People across the World.  
The Healing Power is within us.**

## **Mode and the Method of Treatment for Chronic Patients:-**

**The proper method of “Urine Therapy” is:-**

- a) Drinking Urine.**
- b) Massaging the whole body with the Urine.**
- c) Keeping Urine wet pack on the affected portion of the body.**
- d) Drinking water, juices and maintaining a balanced light diet.**

**It is very important and necessary to maintain balance and light Diet along with Drinking Urine, Massaging the body with Urine and keeping Urine Wet Pack for the patients suffering from Chronic Disease to achieve the maximum Benefits.**

**People should develop positive attitude and should have total faith in Natural Remedy which can save their life and relieve them from all kinds of pain and sufferings. In this treatment a person will realize the Benefits according to the individual’s faith, interest, efforts, Diet and the Method of treatment. People who are adopting this treatment willingly and in cheerful manner will find the gradual improvement in their health day by day in a short period of 10 days.**

**The color and the taste of the Urine depends upon the persons what they eat and drink. If a person who keeps on drinking more water and juices every one hour will pass more Urine, his internal body will become clean and his Urine color will become white (color less like water.) In the similar manner if a person who eats balanced light diet and does not consume oil, salt, spice and chilies in his diet then his Urine will not contain any smell.**

**People who are busy in their daily routine and other activities who cannot find time to do the entire method of treatment but want to keep them healthy can drink Urine in the following manner and keep them healthy. After taking light dinner in night and before going to bed they should drink 1000 ml (one LITRE) of water. During mid-night or early morning they will pass light yellow color or white colorless Urine which they should drink it. Thereafter they can keep on drinking Urine and water 2 or 3 times according to their convenience. In this manner they can easily drink one or 1 ½ Litre of Urine before breakfast. They can also adopt this method during any time of the day according to their convenient and keep themselves hale and healthy.**

## **Urine-rubbing / Massaging and Urine Wet Pack**

**The persons who want to adopt Urine Therapy but hesitate or cannot make up their mind to drink Urine then initially they can start the treatment by massaging their body with urine initially. They will realize benefits by messaging and thereafter they can make up their mind and start drinking.**

**Urine-rubbing / Massaging the skin is far superior to any other form of friction and this is an essential part of urine therapy in order to supply nourishment to the patient during urine-fast**

**If a person who drinks water, juices and consume only balanced light diet will pass white color Urine which will not contain any smell. White color can be consumed without any hesitation as it tastes like pure water which contains valuable proteins and vitamins to maintain healthy life.**

**A person can also achieve gradual improvement by Only Drinking Urine or by Only Massaging the body with Urine or keeping Urine Wet Pack.**

**By Only DRINKING Urine a person's internal Body gets clean, rejuvenated and he will fell energy flow in his body. It will revive and rebuild the resistance power of his vital organs like Brain, Heart, Lungs, Pancreas and Liver etc. which gets damaged due to some disease.**

**Drinking Urine is the best tonic, whoever takes the trouble of experimenting and drinks Urine first time will be convinced and satisfied. The persons who drinks about one LITRE of Urine (white or light yellow color) daily during any time of the day and massage their body once a day will find a great relief from pain, sufferings and can gradually control and cure their disease. They can avoid taking number of tablets and keep them healthy.**

### **MASSAGING**

**By Only Massaging with Urine persons can cure all kinds of Skin diseases. The Skin becomes clean and all the un-natural black marks and the white patches will disappear. It will provide the permanent natural glow to the skin which cannot be achieved by visiting any "SPA or Beauty par-lour,"**

**By massaging and applying Urine on body most complex diseases of skin are totally cured and the skin becomes clear and soft. For the tremors and numbness of the body parts and paralysis massaging with Urine is very effective and the stiff joints become loose, flexible and mobile.**

**By Applying Urine on the body at the time of fever, temperature can be brought down considerably. Urine is the best anti-septic available for the purpose of healing cuts, wounds and burns and it work like wonders.**

**By only keeping Urine wet pack person can be relieved from many problems. It can cure gangrene, long standing ulcer and wounds which does not heal with medicine. It can stop the falling of hair and the hairs will become strong and start growing longer. Some of the persons who have become Bald will be surprised to find the hairs re-growing on their Bald head.**

**Urine is also effective in dental and other oral troubles. For ordinary pain in the teeth one should keep some urine in the mouth and rinse it for few minutes which should be repeated for six times in the morning and evening.**

**Mother can collect her white color Urine (color less like water) and give it to her child for drinking immediately after she passes from her body provided she drinks more water and eat only light and balanced diet. This method can be adopted and Urine can be given to the children who are affected with disease by birth like Cerebral Palsy and mental disorder etc.**

**Persons who have Arthritis having difficulty in walking and climbing stair case with knee problem should apply Urine on the knee and rub it lightly till it becomes dry. They should apply Urine again in the similar manner and dry it for 3 times. They can also keep Urine Wet Pack on the knee which is more effective. This should be repeated for 3 to 4 times in a day. In a short period of 10 to 15 days they will be relieved from severe pain, stiff joints will become loose, mobile and they will be able to walk and climb the stair case.**

**Walking, Exercise, Yoga and Physiotherapy along with this treatment will boost the immunity system and increase the Resistance Power of a person affected with Chronic Disease to recover and heal quicker.**

**This method of treatment can also be adopted by young children's who are effected by cerebral palsy or with any other disease by birth**

**URINE THERAPY IS THE BEST REMEDY  
FOR ALL "A TO Z" PROBLEMS  
FROM COMMON COLD TO CANCER**

## **Method of Drinking, Massaging and keeping Wet Pack**

**Put three NEEM leaves in a glass of water at night and drink it in the morning. Pray God to heal you and keep you healthy.**

**Drink 1.5 LITRES of water in morning.**

**Every one hour drink Urine or water.**

**Drink Urine 2.5 LITRES (and above) from morning to evening**

**Put fresh urine drops in Eye, Ear and Nose 3 times a day.**

**Note: - Drink white color Urine (colorless like water) or very light yellow color Urine and collect the remaining Urine in the bottle and keep it for massaging the body and for applying Urine wet pack.**

### **MASSAGING**

**Massage body (from head to toe) with Urine in the following manner:-**

**Apply Urine on the whole body and keep on rubbing lightly till it is dry.**

**Apply Urine again, keep on rubbing and dry in the same manner 3 times.**

**The proper massage to dry it for 3 times will take about one hour.**

**Massage whole body in the above manner 2 to 4 times a day.**

**For massaging one can use fresh urine kept for 24 hours as it will not contain any smell. Some people use old urine kept for one or two weeks which is also beneficial but it will give odor smell.**

### **URINE WET PACK**

**After massaging keep Urine wet pack on stomach and on the other effected portion of the body for 2 hours, two times in a day.**

**Keep Urine wet pack again at night and remove it in the morning.**

**For Urine wet pack: - Take a cotton cloth and soak it in Urine. Wrap Urine wet cloth and roll it around 3 times on stomach and the other affected portion.**

**Wrap plastic paper on top of the "Urine wet cloth" to cover it,**

**Wrap again another cotton cloth on the top of the plastic paper.**

**After removing Urine wet pack, take bath with warm water when required.**

**People can start the treatment by drinking Urine, massaging the whole body with Urine and keeping Urine wet pack on stomach and on the effected parts of the body. Drink Urine, water and juices every one hour and along with that they can take light balanced diet. This can be continued for a longer time to achieve benefits to control and cure the disease as this is the safest method.**

## **Balanced and Light Diet to be followed as mentioned below:-**

**Breakfast:** - White Oats porridge with 6 pcs Walnut and 10 pcs Almonds.

**Mid morning:** - Papaya, small plantain.

**Lunch:** -Brown broken (MUTTA) Rice with Curds or with boiled vegetables

**Evening:** - Brown Bread, Salad or apple.

**Dinner:** - Sprouted and boiled Green gram (MOONG) or green gram soup  
And Boiled vegetables or Salad

**Can include:** - JAGGERY, Honey, Dates, Ginger, Garlic and Lime.

**Boiled vegetables:** -Carrot, Cabbage, Beans and baby corn

**Salad:** -Tomato, Cucumber and grated Carrot

**Soup:-** Vegetable soup

**Fruits:-** Apple, small plantain. Papaya, Sapota (Chikoos), Strawberries

**While taking bath you can use Multani mitti (Fullers earth),  
Warm water mixed with Neem leaves, small quantity of coconut oil.**

**Do not use:** - Soap, Oil, Coconut, Refined Sugar, Salt, and Chilies.

Mix 2 table spoon of Honey, 1 table spoon of lime juice, 1 table spoon of Ginger juice, ½ table spoon of Turmeric juice in warm water and drink the juice daily in the morning. (Soak Ginger and turmeric pieces in water for 24 hours cut it, grind it and make juice).

This can be repeated in evening and night in case of Cough, Cold and Fever.

Drink any of the following Juices every 2 hours i.e. 6 glasses of juices in a day.

Carrot	Apple	MOSAMBI (Sweet lime)
Tomato	Lime Juice	Butter Milk
Pomegranate	Coconut Water	Soya Milk
Wheat Grass	Bitter Gourd (Karela)	Skimmed Cow's Milk / Goat's Milk
Barley Water		

Persons can go for “Urine fasting” by only drinking Urine and water for 2 days in a week to achieve good results. They can do fasting without drinking any juice and without eating any diet. They can also do Urine/Juice fasting by drinking only water, juices and urine for 5 days in every 15 days.

The first portion and last portion of the morning urine should be discarded and the rest of the urine should be taken.



### **After 3 month can include the following diet:-**

**Chapatti (ROTI): -Cholesterol Management ATTA mixed with plain ATTA.  
Green gram Dose or Idly (Sprouted green gram has to be grinded to paste)  
Cow's Pure Ghee in small quantity (Maximum one table spoon per day)  
Cholesterol Free Butter in small quantity (maximum 10 grams per day)  
Vegetables: - Spinach, Fenugreek, Bottle Gourd, Ridge Gourd (TURAI),  
Bitter Gourd (Karela), Cabbage, Cauliflower, TOOR dhal, Green gram,  
Black gram, and Onion. Rock Salt, Black pepper and JEERA Flax seeds can  
be taken in small quantity.**

**For Cancer patients it is recommended to drink minimum 2 glasses (½ kg.) of Carrot juice and 2 glasses of Tomato juice daily. To make one glass of Carrot juice take ¼ kg of carrot remove the skin and grate it and make a paste in a mixer and add water. They can also take Wheat grass, pomegranate juice.**

**Cancer patients who are undergoing Chemotherapy can drink Urine of any other healthy person while going through the procedure. By doing this they will not be affected with the side effects caused by Chemotherapy.**

**The persons who are adopting Urine Therapy in the above method should not take and Vitamin, Antibiotic, strong tablets and injections. However they can take light tablets for Diabetes, B.P. Heart and other problems if they feel it is necessary and cannot be avoided. These tablets also should be gradually reduced as and when they find progress in their health.**

**Diabetes and high BP patients can also take medicine / injection prescribed to them by Doctors along with adopting Urine Therapy. As and when they find improvement they can reduce the medicine / injection slowly.**

**Diabetic patients who have swelling or any wound can keep urine wet pack on that portion.**

**Whenever it is necessary people can go for Medical treatment.**

**People who are suffering from chronic diseases and have to undergo medical treatment can take medicine prescribed by Doctors and at the same time they can adopt Urine Therapy. When they find some improvement they can gradually reduce the medicine prescribed to them.**

**Urine Therapy can also be adopted by healthy person. Their immunity system will increase and they will feel energy in their body.**

# **Cancer can be Controlled and Cured**

## **Without Surgery and Chemotherapy**

**It is estimated over 700,000 (7 lakh) cases of Cancer patients and over 40,000 cases of Cancer in children are being reported in India every year. Unfortunately absolute number of Cancer patients keeps on growing every passing year. It has become one of the leading causes of death. Millions of people are suffering from most threatening disease throughout the World.**

**Once diagnosed, the patient apart from mental agony of serious health they have to face nightmarish situation as the treatment is complex and costly affair. To start with diagnosing Cancer, necessary investigations and the treatment run into lakhs of rupees. Cancer is a silent disease and many people are not aware of that to protect themselves and it leads to the resulting in deterioration of quality of health and uncertainty for the span of life.**

**Cancer is conventionally treated with Surgery, Radiation therapy and Chemotherapy. However statistics indicate that these treatments are limited in their effectiveness to treat Cancer and are riddled with side effects. White blood cells and red blood cells are reduced in the body and various complications arise due to the side effects of Chemotherapy.**

**Urine Therapy is more effective and has greater benefits than Radiation and Chemotherapy. It can destroy the growth of Cancer Cells and prevent them from spreading to the other parts of the body. It can kill poisonous substance in the cancerous cell without producing any side effect. It is also effective natural alternative for blood transfusion.**

**People who have already undergone Surgery and Chemotherapy can adopt Urine Therapy. However if they want to continue Chemotherapy as advised by the Doctors they can start Urine Therapy after 36 hours. It can decrease the side effects of Chemotherapy and help to build healthier blood cell. It will improve their immune system and increase their resistance power. Doctors should recommend and encourage people suffering from Cancer to adopt “Urine Therapy” which can decrease the side effects of Chemotherapy and also help them to recover fast. It can increase the survival period of the patients and relieve them from all kinds of sufferings.**

**I have presented detailed case history of the patient suffering from Stomach Cancer and Ovarian Cancer along with their diagnosis reports i.e. C T Scanning, Endoscopy, Biopsy reports and Doctor’s opinion to undergo for Surgery and Chemotherapy. They have issued their endorsement that they have been relieved from their pain and sufferings and they are hale and healthy without undergoing Surgery and Chemotherapy.**

## CANCER SURVIVAL



**Smt. Suresh Rani Diagnosed with Terminal 4<sup>th</sup> Stage Cancer  
Cured in 4 Months with “Urine Therapy”**

### **Breast, Lungs and Bone Cancer**

**Smt. Suresh Rani (F) 54 years staying in Delhi was diagnosed with Metastatic Breast Carcinoma, Metabolically active, Lymph nodal, Bony, and Left Adrenal involvements with Pleural effusion (Breast, Lungs and Bone Cancer) in July 2012. She underwent necessary Medical investigation & Biopsy Test. PET-CT Report revealed extensive disease and Cancer had spread over to Both Lungs, Right Breast, Bones and other parts of the body. Plenty of fluid was accumulated in her Lungs.**

**Doctors had advised her family members that they cannot give her Chemotherapy or any other treatment and she was in terminal 4<sup>th</sup> stage of Cancer. They also advised them that her survival chances were very less.**

**Earlier in May 2002 she had undergone Surgery to remove lump in the Left Breast. After Biopsy test it was diagnosed as Invasive ductal Carcinoma “Breast Cancer”. After Surgery she had undergone 6 cycles of Chemotherapy and 16 cycles of Radiotherapy. She underwent medical test every year which showed as normal.**

**In the month of June / July 2012 her health started deteriorating. She was feeling uncomfortable suffering from Breathlessness (difficulty in breathing), swelling in the limbs, vomiting, and severe pain throughout the body. She was not able to eat properly or digest anything. She had become very weak and she was unable to sit, stand and walk properly and she was totally bed ridden.**

Rashmi daughter of Suresh Rani had gone through my website on Urine Therapy in internet contacted me on phone and she revealed the case history of her mother. She forwarded the diagnosed report of her mother's case by mail on 09-09-2012 and discussed with me on the Benefits of Urine Therapy.

On my advice Smt. Suresh Rani started Urine Therapy on 12-09-2012. Since she was very weak and unstable, initially her daughter Rashmi adopted the method of drinking plenty of water and eating light diet so that she could pass clear and colorless urine. She was collecting her urine and giving it to her mother to drink and she was also messaging her body with her own urine.

Within a period of 3 days she started feeling energetic & stamina in her body. She was feeling comfortable in breathing properly without any problem. She was able to get up and drink her own urine. Gradually her immunity system was increasing and her health was improving day by day.

She adopted Urine Therapy in a proper method by drinking plenty of water, juices and taking light diet. She was drinking her daughter's urine along with it she was also drinking her own urine and messaging her body with urine twice a day.

In the period of 2 weeks (14 days) her immunity system improved and she became stable and she regained energy in her body. She was able to eat light diet and digest easily. She was able to stand and walk slowly. She was relieved from swelling and the severe pain in her body. Fluid in the lungs had reduced and she was able to breathe in a normal manner.

I advised her that she can undergo light Chemotherapy with the interval of 7 days gap to achieve better and little faster results. Light Chemotherapy can shrink and kill some of the Cancer cells and it can be helpful and supportive method to Cure Cancer when it is taken along with Urine Therapy.

She consulted Dr. Hari Goyal at Action Cancer Hospital, Delhi who examined Suresh Rani and was happy to see the physical improvement in her health. She underwent Palliative Chemotherapy inj. Taxol 130 mg with the interval of 7 days gap from 26<sup>th</sup> September under the supervision of Dr. Hari Goyal.

While taking Chemotherapy she used to drink her daughter's urine and after 24 hours of Chemotherapy she used to drink her own urine.

During chemotherapy and after chemotherapy she was not feeling any side effects like weakness, tiredness, numbness and any other complication. She used to feel that she has visited hospital to take bottle of glucose / blood.

After 2 cycles of Chemotherapy Doctor who examined her advised her that she is stable and her Lungs are totally clear and it does not contain any fluid. He also advised her to continue 12 cycles of Chemotherapy.

She was continuing Urine Therapy along with undergoing Chemotherapy with a gap of every 7 days. Day by day she was feeling energetic and stamina in her body and recovering in her health. She has been relieved from all major problems of accumulation of fluid in lungs, breathlessness, difficulty of breathing, restlessness, vomiting, weakness, swelling in the limbs, and severe pain in body. She has good apatite and she is able to eat and digest food properly. She is able to sit, stand and walk, climb the staircase and doing her normal activities in her house.

She underwent 12 cycles of Palliative Chemotherapy inj. Taxol 130 mg. from 25<sup>th</sup> September and 12<sup>th</sup> December 2012. She also underwent Scanning of Chest and Lungs on 12<sup>th</sup> December. After going through the Scanning reports Dr. Hari Goyal advised Smt. Suresh Rani that her Chest and Lungs are totally clear. He suggested her to undergo for PET-Scanning to view the final results.

She consulted Dr Gurpreet Singh, Oncologist of PGIMER Cancer Research Centre at Chandigarh and underwent PET-Scanning on 11-01-2013.

The report of PET-CT revealed that there is No Active Cancer cells in the body and all the Cancer cells are dead. The report indicates she is Normal and she does not have Cancer.

Oncologist Dr. Hari Goyal of Action Cancer Hospital, Delhi and Dr Gurpreet Singh of PGIMER, Cancer Research Centre, Chandigarh was very happy and satisfied to see the results of PET-CT that she is Normal.

Most of the Doctors and Oncologist who have seen the PET-CT reports are surprised by the results. They do not believe the Facts that a patient who was diagnosed with Terminal stage of Breast Cancer which had spread over to Bones, Lungs and Lymph nodes can be CURED From CANCER.

Smt. Suresh Rani is Surviving and has overcome terminal stage of Cancer by adopting Urine Therapy with a Positive attitude in a short period of 4 months (from 12<sup>th</sup> Sept 2012 to 11<sup>th</sup> Jan 2013). She is continuing Urine Therapy. She is Hale and Healthy and doing all her normal activities.

Above Facts / details have been confirmed by:

Mrs. Rashmi Mob: 092179 63629

Daughter of Smt. Suresh Rani

E-mail: [nkj\\_24@yahoo.com](mailto:nkj_24@yahoo.com)

## PET-CT Report before Treatment



**RAJIV GANDHI CANCER INSTITUTE  
AND RESEARCH CENTRE**

**IMAGING SCIENCES:  
X-RAY/US/CT/PET/MRI/NM**

Sector - 5, Rohini, Delhi- 110085  
Tel. : 47022222 (30 lines), 27051011-15  
Fax : 91-11-27051037

### PET-CT REPORT

OrderNo	: DIRRGCI890166	Order Date	: 23-Jul-2012 03:08PM
CR. No.	: <b>146393</b>	Age/Sex	: 54 YR(S)/F
Name	: <b>SURESH RANI</b>	Study Date	: 24-Jul-2012 05:09PM
Referred By	:	Status	: OPD

### PT Report

#### Purpose of Scan:

Rxed case of Ca left breast. Post OP/RT (2000). Now with left pleural effusion. For evaluation  
Ref.:PET/2530/12

#### POSITRON EMISSION TOMOGRAPHY AND DIAGNOSTIC CT:

296-370 MBq 18F-FDG was administered I.V.& Images were taken after 1hr. from skull base to mid thigh. IV contrast was given. Diagnostic CT Chest was done. Images of the brain were also acquired.

#### Finding:

Metabolically active lymphnodes are seen in prevascular, pretracheal, AP window, subcarinal, bilateral hilar and left paraaortic regions. Right supraclavicular region shows evidence of few air pockets.

Metabolically active sclerotic lesions are seen in sternum, left 1st and 10th ribs, few dorso-lumbar vertebrae, sacrum, right acetabulum, left femur, right iliac bone and bilateral pubic bone.

Left adrenal shows metabolically active nodule.

Metabolically active left pleural thickening is seen. Mild left pleural effusion is seen.

Both lungs are normal. Trachea and main stem bronchi are normal.  
No right pleural / pericardial effusion is seen.

Rest of the body including brain shows normal physiological tracer uptake.

#### Impression:

Metabolically active, lymphnodal, bony, left adrenal involvements with pleural effusion as described.

**DR.VISHU / DR.ANKUR:  
S.R.NUCLEAR MEDICINE**

**DR.P.S.CHOUDHURY:  
DIRECTOR NUCLEAR MEDICINE**

**DR.S.A.RAO:  
Sr.CONSULTANT RADIOLOGY**

**DR.A.K.CHATURVEDI:  
DIRECTOR RADIOLOGY**

This Report has been Approved by : DR. VISHU/DR. ANKUR on 25-Jul-2012 03:51PM  
This Report has been Validated by : Dr.P.S.Choudhury / Dr. A.K. Chaturvedi / Dr.S.A.Rao on 25-Jul-2012 03:51PM

This is an Electronically Generated Report and Needs No Signature.  
Any Alternations will make the Report Void.


Entered By : REENA CHHARI

Printed By : REENA CHHARI




# BIOPSY REPORT


7




ISO 9001      ISO 14001



ISO 9001      ISO 14001



CER NO - 0309



**RAJIV GANDHI CANCER INSTITUTE  
AND RESEARCH CENTRE**

Sector, Rohini, Delhi - 110 085

Tel : 47022222 (30 Lines), 27051011 - 27051015  
Fax : 91-11-27051037

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**DEPARTMENT OF LABORATORY SERVICES**

Tel. : 47022222 (30 LINES), 27051011-1015 Fax : 91-11-27051037

CR Name : MRS.SURESH RANI	CR No : 146393	Age/Sex : 54/Female
Referred Doctor :	OPD/IPD : OPD	
Sample On : 24-07-2012	Report On : 25-07-2012 02:34 pm	Biopsy No : B -

**DEPARTMENT OF PATHOLOGY  
Lab Test Report**

BIOPSY NO: B/4988/2012

SPECIMEN: RIGHT CERVICAL LYMPHNODE BIOPSY

-----

GROSS EXAMINATION: SINGLE NODULAR BITS MEASURING 1.5 X 0.7 X 0.7 cm (A, B) (NTL)

MICROSCOPIC EXAMINATION SHOWS TOTAL REPLACEMENT OF LYMPHOID CELLS BY METASTATIC BREAST CARCINOMA CELLS IN KNOWN CASE OF CARCINOMA BREAST.

Clinical Interpretation if any : \_\_\_\_\_

Verified By: \_\_\_\_\_

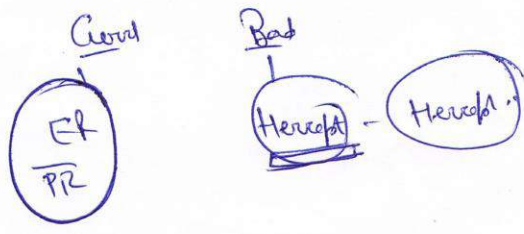
Signature:  
DR GURUDUTT GUPTA  
25-07-2012 04:57 pm

\* Marked Service are not covered Under NABL Accreditation

This is an electronically generated report and needs no signature, Any alterations will make the report void. Request for Histopathology slide/blocks for second opinion: The slides and blocks for second opinion will be issued on the next working day, subsequent to a written request submitted 24 hours prior. Time of collection of the same would be between 3pm and 5pm only.

Technician Name : MINI\_2636

-- End of Report --



## Discharge Summary after 12 cycles of Chemotherapy



# Action Cancer Hospital



**Name :** SURESH RANI      **IP No :** 11640      **CR No** 12384      **D.O.A :** 12/12/2012 11:01AM  
**Relative :** W/O ASHOK KUMAR      **Age :** 54 Years      **Sex :** Female      **D.O.D :** 12/12/2012 03:24AM  
**Address :** C-30 DELHI CITY APP. SEC-13 ROHINI      **Area :** ROHINI  
**Phone :** Ph 9310096450  
**Doctor :** Dr. Dr.Hari Goyal,Dr.VIKAS DUA      **Unit :** HG UNIT  
**Room No :** DC-3

### Discharge Summary

#### 1. DIAGNOSIS:- METASTASIS CARCINOMA BREAST, ON PALLIATIVE CHEMOTHERAPY.

#### 2. KNOWN ALLERGIES:- No known drug allergies.

**3: BRIEF SUMMARY OF CASE:-** Mrs. Suresh Rani 54 years old normotensive, nondiabetic female is a diagnosed case of Carcinoma breast. She underwent Surgery in 2001 followed by 6 cycles of chemotherapy using CMF regimen followed by 5 yrs of Tamoxifen (ER/PR were negative) Patient developed breathlessness in July 2012 and found to have large pleural effusion. She was further investigated and found to have Right supraclavicular node. Biopsy was performed and reported as +ve for metastasis Carcinoma. Pleural fluid was also reported positive for malignant cells. The tissue was reported +ve for ER/PR & HER -2-NEU (3+). PET-CT revealed extensive disease. After that no treatment was taken and received alternative treatment. Patient had rapidly refilling effusion. The prognosis of metastasis disease was explained in detail. Option of oral Xeloda/weekly taxol or hormones was given. In view of grossly symptomatic disease, it was planned to give weekly taxol.

Presently she was admitted for **12th cycle** of chemotherapy which she received with prehydration, posthydration and antiemetics on **12/12/2012**. She tolerated the treatment well and now she is being discharged in a stable condition.

#### 4. PAST HISTORY: - No h/o HTN/DM/CAD/COPD.

**5. EXAMINATION:-** Patient Conscious, Oriented, Afebrile, BP-120/70mmHg, PR-70/min, RR-20/min, PS-2, Chest - no added sound, CVS-S1S2+, P/A- Soft, BS+.

#### 6. INVESTIGATIONS: - Lab report attached.

#### 7. COURSE DURING HOSPITAL STAY:-

**Medicine Given:-** Inj. Taxol 130mg with other supportive care.

#### 8. CONDITION ON DISCHARGE:- Satisfactory.

#### 9. TREATMENT ADVICE:-

TAB. LIZOLID 600mg TWICE DAILY FOR 5 DAYS.  
 TAB. VOVERAN TWICE DAILY FOR 5 DAYS.  
 TAB. PAN D TWICE DAILY FOR 5 DAYS.  
 TAB. LARPOSE 1mg FOR 3 DAYS AT NIGHT.  
 CAP. BECOSULE Z ONCE DAILY FOR 7 DAYS.  
 TAB. FOLVITE ONCE DAILY FOR 7 DAYS.  
 PLENTY OF ORAL FLUID.

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Fax.: +91 11 4502 4287

E-mail : ach@actionhospital.com  
Website : www.actionhospital.com



**PET-CT Report after Treatment**

**Positron Emission Tomography Centre  
Department of Nuclear Medicine,  
PGIMER, Chandigarh – 160 012, Tel: 0172 2756719**

<b>Name:</b>	Suresh Rani	<b>PET No:</b>	8112/13
<b>Age/Sex:</b>	54/Female	<b>CR No</b>	1085901
<b>Ref/Dept:</b>	General Surgery	<b>Date:</b>	11/01/2013

**PET-CT Report**

**Clinical Indication:** K/C/O Ca breast ; Left segmental mastectomy - 16/5/2000; CT - 6 cycles & RT 2000; c/o breathlessness - 2012 : Evaluation : pleural effusion; PET outside (24/7/12): lymph nodal, bony and left adrenal involvement. CT - 12 cycles, last on 12/12/12; PET for CT response.

**Technique:** *Whole body images (base of skull to mid thigh) were acquired in 3-D mode 60 min after i.v. injection of 370 MBq of F18-FDG using a dedicated BGO PET-CT scanner. Oral contrast diluted with water was given. Reconstruction of the acquired data was performed so as to obtain fused PET-CT images in transaxial, coronal and sagittal views.*

**Findings:** No abnormal FDG uptake noted in the left breast. No abnormal FDG uptake is noted in the bilateral axillary, internal mammary and supraclavicular regions.

A non FDG avid irregular soft tissue lesion (measuring ~ 2.4 X 2.1 cm) is noted in the subareolar region of the right breast .

Non FDG avid multiple sclerotic foci are noted in the following sites:

- Multiple cervical and dorsolumbar vertebrae
- Sternum
- Multiple bilateral ribs
- Bilateral iliac bones, right ischial tuberosity and bilateral pubic bones
- Sacrum

Note is made of faintly FDG avid moderate left pleural effusion with atelectasis of the underlying segments. Note is made of non FDG avid GGOs in the both lung fields. No abnormal thickening of the pleura is noted.

Note is made of fatty liver with physiological FDG uptake.

Faint FDG uptake is noted in the medial limb of the left adrenal.

FDG uptake is noted in the brown adipose tissue in the neck and thorax – physiological.

Physiological tracer uptake is noted in liver, spleen and rest of the visualised organs.

**Impression:** Non-FDG avid lesion in the right breast - suggest mammography / FNA correlation.

Non FDG avid left pleural effusion and skeletal lesions and faintly FDG avid left adrenal lesion as described . Compared to the PET printout images of previous study, there appears to be response to chemotherapy.

Consultant

  
Senior Resident

## STOMACH CANCER



Vinoda Shetty

DATE : 23-10-2011

From,  
VIJAYALAKSHMI SHETTY,  
BANGALORE.

### TO WHOM SO EVER IT MAY CONCERN

My mother Smt. Vinoda Shetty (F) age 55 year was suffering from stomach pain, Acidity and Gastric problem and had consulted many Doctors from past three years. Though she was consuming many tablets regularly she was not relieved from her pains and other problems. In the month of August 2010 she underwent a complete medical check up, Endoscopy, and Biopsy test at Kanva Diagnostic Services Pvt Ltd, Bangalore and she was diagnosed with Stomach Cancer "Carcinoma Stomach".

To ascertain she once again underwent C T Scanning of Chest, Abdomen and Pelvis Test at Father Muller Medical College, Mangalore. After diagnosing the report the doctors recommended her to undergo three cycles chemotherapy and then surgery. As per the doctors advised she underwent three cycles of Chemotherapy in Sept, Oct and Nov 2010. After Chemotherapy she was again admitted in the Hospital for 3 times for Neutropenia (side effects of Chemotherapy) for vomiting, tiredness, fever, low blood sugar, low WBC counts and swelling in her face and other parts of the body.

After completing three cycles of Chemotherapy she once again underwent Endoscopy, Histopathology, Biopsy and C T Scanning test in November 2010 to check whether Chemotherapy has benefited her or not. The result did not show any improvement. Doctors from Father Muller Hospital advised that the only option was to undergo Surgery to remove the entire Stomach followed by Chemotherapy again. Doctors also advised that the chances of recovery of her health will be 50%.



I came in contact with Mr Jagdish Bhurani when I was in Mangalore and revealed the case history of my mother and forwarded all her diagnosed reports to him. He explained me about the Benefits of Urine therapy and also assured me that my mother will be relieved from all sufferings and can lead a normal life without undergoing any surgery or chemotherapy. Somehow I convinced my mother to practice urine therapy and explained her the benefits.

My mother started Urine Therapy from 16-12-2010 and in the short period of 30 days she gradually improved and she was relieved from all her severe problem such as Stomach pain, Acidity, gastric problem, swelling in her face and other parts of the body. She became energetic and she was able to do her normal activities and continued the treatment in the cheerful manner. The hair started growing on her head as she had lost the hair during her 1<sup>st</sup> cycle of Chemotherapy.

During this period neither me nor my mother had personally met Mr Jagdish Bhurani. We were in touch with him over the phone and practiced urine therapy as per his advice. She is completely on diet and consuming only those foods recommended by him. She is massaging with Urine 2 times a day and keeping the wet pact of urine in the day time. She is drinking minimum 3 ltrs of urine everyday.

After completing 5 months of urine therapy she once again underwent CT Scanning and blood test in August 2011 at Father Muller Medical College Hospital, Mangalore and consulted Dr. Dinesh Shet, Medical Oncologist. After going trough the reports and examining her Dr. Dinesh Shet told her that she is stable and the disease has not spread to any other parts of the body. He advised her to continue Urine Therapy.

After 8 months we came back to Bangalore and underwent Endoscopy test and all other necessary blood test at Kanva Diagnostic Services Pvt Ltd, Bangalore on 10-08-2011. Though the Endoscopy test reports compared to the earlier reports did not show much variation but the results of all the blood test, Haematology, Biochemistry and other reports were all within the normal range.

On 11-10-2011 I took an appointment and consulted with Dr.B.S. Ajaikumar, chairman,CEO and Oncologist of HCG Cancer Hospital, Bangalore. After going through all her previous and present reports and examining her personally Dr.B.S. Ajaikumar advised her that she is stable and she can continue Urine Therapy.

She is surviving without undergoing major Surgery for removal of Stomach and Chemotherapy as advised by Doctor earlier. Had she undergone surgery she would have been completely bed ridden and the physical pain and mental agony what she would have suffered is unexplainable. Now that she is practising urine therapy for past 10 months she is releaved from all her pains and sufferings and her health condition is also stable. After adopting urine therapy she has not visited any doctor or Hospital for any of her health problem.

After personally knowing about the benefits of urine therapy I recommend people who are suffering from cancer or any other disease for that matter to adopt this therapy willfully so that even they can overcome sufferings and gain the benefit of urine therapy without spending much. I also request Media and Social organisations to come forward in creating awareness of urine therapy to Help the man kind.



**VIJAYALAKSHMI SHETTY**  
E-mail [ID-vijilshetty@yahoo.com](mailto:ID-vijilshetty@yahoo.com)  
Mobile no : 9241148356



# SMT VINODA SHETTY Endoscopy: - CARCINOMA STOMACH



KANVA DIAGNOSTIC SERVICES PVT LTD.  
NO. 2/10, Dr. Rajkumar Road, 4th N Block, Rajaji Nagar, Bangalore - 560010

Patient Name	MRS VINODHA	Age	48 years
Patient I D	K635243	Sex	F
Ref.By Doc	Dr. JANARDHAN R	Visit Date	24-Aug-10

## UPPER GI ENDOSCOPY REPORT:

**INDICATION :** Pain abdomen and hemetemesis

### FINDINGS :

**ESOPHAGUS:** Normal. No erosions or hiatus hernia.

### STOMACH:

Ulcerative type of growth seen involving the mid body circumferentially with narrowing. Lesion extends proximally along the lesser curve upto the GE junction. Multiple biopsies taken.

### DUODENUM:

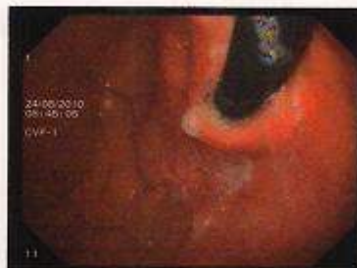
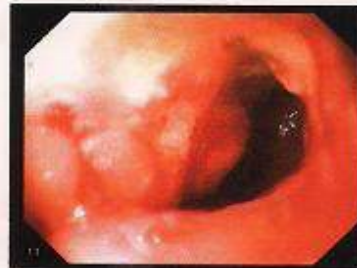
**CAP :** Normal. No ulcer.

**DII :** Normal.

**IMPRESSION :** CARCINOMA STOMACH

### IMAGES:

1. DUODENAL CAP
2. GROWTH
3. FUNDUS
4. ESOPHAGUS



DR. ANAND DOTIHAL,  
MD (PGI, CHANDIGARH), DM (DELHI),  
CONSULTANT GASTROENTEROLOGIST

# HISTOPATHOLOGY REPORT



**KANVA DIAGNOSTIC SERVICES PVT LTD**  
 No. 2/10, Dr. Rajkumar Road, 4<sup>th</sup> N Block,  
 Rajajinagar, Bangalore- 560010  
 Phone: 080 - 2313 3838 / 39 /40/41/42/43, 2313 4846, 23134847  
 Fax: 080 - 2313 3844 E-mail: dr.venkatappa@kanvadiagnostic.com.  
 Website. www.kanvadiagnostic . com.

Patient Name	Mrs. Vinodha	Age	48 Yrs
Patient I.D.	K635278	Sex	Female
Ref By Doc	Dr. Janardhan R	Date	26/08/2010

## HISTOPATHOLOGY REPORT

HPE NO : 843 /2010

SPECIMEN : BIOPSY FROM STOMACH

### GROSS EXAMINATION:

Specimen consists of multiple tiny grey white soft tissue bits altogether measuring < 0.5 cms.

### MICROSCOPIC EXAMINATION:

Section studied is showing mucosa of the stomach with infiltrating tumour .the tumour is composed of cells arranged in diffuse sheets. The cells are round to columnar having hyperchromatic to vesicular nuclei with nucleoli and moderate amount of cytoplasm. the cells show moderate degree of nuclear pleomorphism with occasional atypical mitosis. There is moderate mixed inflammatory cellular infiltration. Rest of the mucosa and lamina propria is unremarkable.

**IMPRESSION: HISTOPATHOLOGICAL FEATURES ARE SUGGESTIVE OF POORLY DIFFERENTIATED ADENOCARCINOMA - STOMACH.**


ENCL: ONE SLIDE & BLOCKS  
 PRESERVE THEM CAREFULLY

Dr. Swarna Shivakumar  
 MBBS, MD  
 Pathologist





**C.E.C.T. Chest, Abdomen & Pelvis**

	<b>FATHER MULLER MEDICAL COLLEGE HOSPITAL</b> <b>(A Unit of Father Muller Charitable Institutions)</b> Father Muller Road, Kankanady, Mangalore - 2, India Phone: 0824-2436301, 2238175 Web: www.fathermuller.com	MR - 33
	<b>DEPT. OF RADIO-DIAGNOSIS &amp; IMAGING</b>	

NAME : MRS.VINODA SHETTY

AGE: 55 YRS

REF.BY:DR.ROHANGATTY

DATE:16-9-2010

WARD : OP

IP NO :

**C.E.C.T. CHEST, ABDOMEN & PELVIS**

**STOMACH, BOWEL & MESENTRY:** Wall thickening seen involving the gastro oesophageal junction and extending along the lesser curvature into the mid body of stomach.

**LIVER:** The liver is normal in size and shows homogenous parenchymal tissue density. There is no evidence of intrahepatic biliary dilatation. No evidence of focal lesion.

**GALL BLADDER:** Normal. No calculi.

**PANCREAS:** The pancreas has a normal size and configuration. The tissue attenuation pattern is normal and there is no evidence of any diffuse or focal pathology. The pancreatic duct is not dilated and there are no pancreatic calculi.

**ADRENALS:** Both adrenals are normal in size and enhancement.

**SPLEEN :** Normal in size and show no focal lesion.

**KIDNEYS:** Both kidneys are normal in size. There is no evidence of calyceal dilatation or calculi.

**LYMPHADENOPATHY:** Few small and periportal lymphnodes seen. Few pre tracheal and prevascular lymphnodes seen.

**FREE FLUID:-** Nil

## C.E.C.T. Chest, Abdomen & Pelvis- page-2



### FATHER MULLER MEDICAL COLLEGE HOSPITAL

(A Unit of Father Muller Charitable Institutions)

Father Muller Road, Kankanady, Mangalore - 2, India

Phone: 0824-2436301, 2238175 Web : www.fathermuller.com

MR - 33

DEPT. OF RADIO-DIAGNOSIS & IMAGING

**BLADDER:** Bladder have a normal anatomical configuration. There is no evidence of any intraluminal pathology or thickening of its walls.

**UTERUS AND OVARIES:** No obvious pathology.

**INGUINAL ORIFICES:** Normal

**ABDOMINAL WALL:** Normal

**VISUALISED BONES :** Normal

Chest:

**LUNGS:** Both the lungs show a normal bronchial and vascular branching pattern. There is no evidence of any parenchymal lesion.

**PLEURA:** No evidence of pleural thickening/calcification.

**CARDIA & GREAT VESSELS:** The heart and mediastinal vascular structures have a normal anatomical configuration. The thoracic aorta and its branches are normal and show no evidence of calcification.

**THYROID:** Is diffusely enlarged in size.

**VISUALISED BONES:** The visualized bones of the chest wall and the dorsal spine appears normal.

IMPRESSION:

**KNOWN CASE OF CA STOMACH; PRESENT CT SHOWS:**

- WALL THICKENING INVOLVING THE GASTRO OESOPHAGEAL JUNCTION AND EXTENDING ALONG THE LESSER CURVATURE INTO THE MID BODY OF STOMACH.
- ENLARGED THYROID.

*DR. SATHAN JOY ANDREWS*  
M.D., D.N.B., F.R.C.R.



## Requires 6 cycles of Chemotherapy and cost Rupees One Lakh

### FATHER MULLER CHARITABLE INSTITUTIONS

Father Muller Road, Kankanady, Mangalore - 575 002, India.

UNITS: Father Muller Multi-speciality Hospital, Homoeopathic Hospital, Homoeopathic Pharmaceutical Division, St Joseph's Leprosy Hospital, Rehabilitation Unit, Father Muller Medical College, Father Muller Homoeopathic Medical College, Father Muller College of Nursing, Father Muller School of Nursing and Father Muller Institute of Para-medical Courses.

Tel : (0824) 2238000  
(0824) 2436301-3



ESTD 1890

Fax : (0824) 2436551, 2437402  
E-mail : muller@bsnt.in  
Website : www.fathermuller.com

Ref. No. : .....

Date : .....12/10/2010

#### TO WHOM SO EVER IT MAY CONCERN

This is to certify that Mrs. Vinoda Shetty, aged 55 years, W/o Sanjeeva Shetty, resident of Sandolika Hadi house, Inna post, Karkala, is suffering from carcinoma stomach. She requires 6 cycles of chemotherapy Docetaxel + cisplatin. Total cost of chemotherapy will be approximately Rs.1,00,000 (Rs one lakh only).

  
Dr. Dinesh shet  
Medical Oncologist  
Father Muller Oncology Centre

Medical Oncologist  
Father Muller Medical College Hospital  
Kankanady, Mangalore-2

## Requires Surgery and the cost Rupees two lakhs

### FATHER MULLER CHARITABLE INSTITUTIONS

Father Muller Road, Kankanady, Mangalore - 575 002, India.

UNITS: Father Muller Multi-specialty Hospital, Homoeopathic Hospital, Homoeopathic Pharmaceutical Division, St Joseph's Leprosy Hospital, Rehabilitation Unit, Father Muller Medical College, Father Muller Homoeopathic Medical College, Father Muller College of Nursing, Father Muller School of Nursing and Father Muller Institute of Para-medical Courses.

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Website : www.fathermuller.com

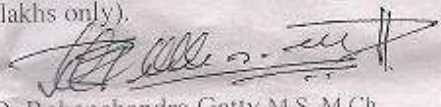
Ref. No. : .....

ESTD 1890

Date : .....19/10/2010

### TO WHOM SO EVER IT MAY CONCERN

This is to certify that Mrs. Vinodha Shetty, aged 55 years, W/o Sanjeeva Shetty, resident of Sandolika Hadi house, Inna post, Karkala, is suffering from carcinoma stomach. She requires surgery after chemotherapy. The cost of surgery will be approximately Rs.2,00,000 (Rupees two lakhs only).

  
Dr. Rohanchandra Gatty, M.S., M.Ch  
Surgical Oncologist  
Fr. Muller Oncology Centre  
Mangalore  
Surgical Oncologist  
Father Muller Medical College Hospital  
Kankanady, Mangalore-2

## **Papillary Adenocarcinoma (Ovarian Cancer)**

**Smt. Mamta (F) age 28 years was admitted in the Hospital and she underwent following Surgery: -**

**Staging Laprotomy (Ovarian tumor)**

**Total Hysterectomy (Removal of Uterus)**

**Bilateral Salphingo Ophorectomy (Removal of both Ovaries)**

**And Infra Colic Omenectomy & Appendectomy (Removal of Appendix)**

**After investigation and various tests her Diagnosed report came as: - “Papillary Adenocarcinoma” Ovarian Cancer in Nov 2009. She was further advised by Doctors to undergo for 6 cycles of “Chemotherapy” for every 15 days in the period of 3 months. After Surgery she had pain in the Stomach, weakness in the body and had difficulty in walking. She was also bleeding while passing urine which was not coming under control.**

**She started Urine Therapy in November 2009 and stopped all medical tablets. Within the short period of 10 days her bleeding stopped completely she was also relieved from stomach pain, weakness, Bleeding and other various problems and was able to walk properly.**

**She continued the treatment for 3 months in the proper method and during this period she was relieved from all her sufferings and she gained stamina in her body. Though Doctor had advised her to undergo Chemotherapy in Nov 2009 she is surviving without taking Chemotherapy or any other treatment. She is keeping hale and healthy and doing her routine activities without and problem. Her hair has also become stronger and has grown 9” longer than earlier.**

**After adopting Urine Therapy she is keeping hale and healthy and she has not visited any Doctor or any Hospital till to-day.**



Bangalore  
08-11-2010

My name is Mamtha I am 29 years old. I was admitted in St. Philomena's Hospital stating that I have a cystic mass in my abdomen which was 12 cm. I had to undergo the major operation on 21<sup>st</sup> October 2009. In that operation I had to remove the Uterus, remove both Ovaries and even remove the appendix. After the operation the diagnosed report came as Ovarian Cancer and the Doctor advised me to undergo for 6 rounds of "Chemotherapy".

I was totally lost <sup>I</sup> a thought that my life is finished. Then my mother told me about Sri Jagdish Bhurani. I and my husband went to meet him personally. He told us about the benefits of Urine Therapy and the proper method of diet, the way of messaging and keeping urine wet pack. Before and after my surgery I had a pain in my Stomach and I was very weak and was not able to walk independently. I also had bleeding while passing Urine.

Once I started Urine Therapy I stopped taking all my medicine and may be within a week all my pain vanished and the bleeding stopped completely. I was feeling strong and I was insisted to continue this treatment for 3 months. I did so and now I am hale and healthy. I did not undergo for Chemotherapy. Now even my Hairs have grown longer say about 9" to 10". Thanks to God to show such a person to me and I thanks to my mom also.

I wish if I had come into contact with Sri Jagdish Bhurani earlier, then I would have not gone for Surgery and also saved the huge amount what my family had to spend in the Hospital. I would suggest other people who are suffering from Cancer that instead of undergoing Surgery they can do this Urine Therapy which does not cost anything and it can be done at home very easily.

Mamtha  
12/11/2010  
(Mamtha)


**ST. PHILOMENA'S HOSPITAL**

 No. 4, Campbell Road  
 Viveknagar P.O., Bangalore - 560 047.

Ph : 4016 4300

Fax : 2557 5704

E-mail : stphilomenashospital@vsnl.net

To whom ever so it may Concerned

This is certify that  
 Mrs Manthi T.S. 28 yrs  
 underwent surgery (Staging  
 laparotomy) for Ovarian tumor  
 on 21.10.09. Total abdominal  
 hysterectomy & Bilateral salpingo  
 oophorectomy & meso colic  
 omentectomy & appendectomy  
 were performed. Histopathology  
 report came as papillary  
 serous cystadenocarcinoma.



**Doctor's Report:- Underwent Surgery and needs Chemotherapy**

she needs chemotherapy  
after surgery. This is for  
your record information.

7/11/09.  
St. Philomena's  
Hospital.

Subhas  
For Dr. Shylaja  
ST. PHILOMENA'S HOSPITAL  
NO. 4, Campbell Road,  
Viveknagar P. O.  
BANGALORE - 560 047.

## **Case History of Patients who have gained and Achieved Benefits from Urine Therapy**

**Dr. K.C.BALLAL, “Dr. BALLAL’S AYUR care Clinic” has been recommending and referring his patients suffering from chronic disease from the year 1995 to me and all of them have gained and achieved benefits from this treatment. (Dr. K. C. BALLAL Mob: - 09900567924)**

**3. GALL BLADDER STONES: - SRI RAMAKRISHNA REDDY (M) 55 years was suffering from intense severe pain in the stomach. Due to intense pain he could not stand, sit and sleep properly. He was admitted in various hospitals in Bangalore and Hyderabad. After Scanning and complete checkup, Doctors diagnosed him for having Multiple Stones in the Gall Bladder and they advised him for Surgery and removal of the “Gall Bladder”.**

**On my advice Sri Ramakrishna Reddy started “Urine Therapy” in September 2006. He realized that his severe pain was gradually reducing day by day and within 7 days the pain completely stopped. He continued the treatment for 60 days, and thereafter went to Hyderabad and got readmitted in the Hospital for Scanning and complete checkup. Doctors who diagnosed and examined him were surprised to find that there were no traces of stones in Gall Bladder and eventually they advised him that Surgery is not required.**

**4. MOTOR NEURON DISEASE: - SRI SRICHAND (M) age 58 years was diagnosed for Motor Neuron Disease (M.N.D.) in March 2005. He was consuming 12 tablets per day as advised by his Doctor and in spite of that his health was deteriorating day by day. During the period of 1½ years his immunity system, Nerves and muscles below the shoulder level gradually became weak. All the joints of hands and legs had become stiff and inactive and he was unable to move or lift his finger, hands and legs. Due to the deterioration and weakness he had lost muscles in his body.**

**On my advice late Sri SRICHAND started Urine Therapy in November 2006 and stopped consuming all tablets. In the short period of 10 days he started feeling energy in his body. The deterioration of his health stopped and his immunity system gradually started improving. All his stiff joints of hands and legs become loose and mobile. The nerves system improved and muscles developed in his entire body. He gradually developed movements in his shoulder, hands, knee joints and other portion of the body to some extent.**

**People who are diagnosed with Motor Neuron of any other disease wherein the body starts deteriorating should start Urine Therapy immediately to control and stop the further deterioration of the body without any delay.**

**5. PARALYSIS:** - **SRI KUPPASWAMY (M)** Age 75 had a Paralyzed stroke and was admitted in the hospital and after several test and diagnoses he was discharged after 30 days. Due to the paralyzed stroke his right portion of the body including his hand and leg become stiff and inactive, and he could not move his right hand and leg. While moving few steps he required the support of 2 persons and in spite of that he could only drag his right leg as he could not lift his leg. At the same time he had lost his speech and could not speak a single word. As he was unable to speak, he only used to produce some sound from the mouth which no body could understand.

Late Sri KUPPASWAMY started Urine Therapy and in the period of 75 days the joints of his hands and legs which were very stiff and hard became loose and mobile. He was able to lift his right leg to some extent and walk few steps with the light support of one person. While lying on his back portion he could lift his right leg up and down. The muscles of his entire body became relaxed and he was feeling light, energetic and comfortable.

He was able to speak few words and his voice became soft which was very rough earlier. The hairs started growing on the centre portion of his head which was totally bald earlier. He had become fair in complexion and was looking younger than earlier.

**6. HAIR LOSS:** - **SMT. ASHA RANI (F)** age 40 years contacted me on mobile and said that her hairs were falling every day and she has taken various medicines as advised by Doctors but nothing was helping her. She enquired whether she could get benefit from “Urine Therapy.” On my advice she started drinking Urine once in the morning and kept Urine Wet Pack on her head at night and removed it in the morning. To her surprise within a period of 30 days her hairs stopped falling and started growing longer.

**7. Sri VINOD (M)** age 15 years was suffering from severe knee pain, swelling on the knee joint in the right leg and had difficulty in walking. He had undergone Biopsy test and the other entire test but doctors could not diagnose anything. He continued Urine Therapy for 45 days and he was totally relieved from his knee pain, swelling and was able to walk properly.

**8. ASTHMA:** - **SRI PRASAD (M)** age 52 was suffering from ASTHMA from 35 years (Asthma affected him at the age of 17th years.) He used to have regular cold and running nose. Almost every day he had difficulty in breathing problem. He started drinking only 200 ml of Urine every day in the morning. In the period of four months his severe ASTHMA problem was reduced by 70% and he was relieved from Cold and Breathing problem.



**9. KNEE PROBLEM:-SMT. JAYALAKSHMI (F) age 58 years was operated for Heart Surgery and thereafter she had difficulty in walking and she was not able to climb the stair case. On my advice she started only massaging her body daily with her own Urine and was taking only light diet. In the period of 2 months she started walking in the proper manner and she could climb stair case without any kind of problem and any difficulty.**

**10. ULCER: - SMT. VEENA (F) age 30 years had developed “Ulcer” in the right leg i.e. the wound on the sole of her foot from three years. The Sensation had reduced in the right foot. She was admitted in NIMHANS and other Hospital for 3 times. She was diagnosed with defect at L5-S1 level with tethered cord. In spite of her admission in the hospital and consulting doctors for three years she could not find any relief and had difficulty in walking.**

**On my advice SMT. VEENA started Urine Therapy in November 2006. Apart from drinking Urine, massaging she kept Urine wet pack on her right leg. The wound started healing in gradual manner and in period of 60 days (2 Months) her wound i.e. her “Ulcer” was completely Cured and she has regained the sensation in her right foot. She has been relived from pain and all other problems. She is able to walk properly and leading healthy life.**

**11. HIV/AIDS: - SRI RAVI KUMAR (M) Age 34 years was diagnosed with HIV/AIDS in the year 2004. There were number of black patches on his skin and some portions were appearing like burnt skin. All the hairs in his body had disappeared and he had severe Dandruff on his head. He was suffering from various problems, feeling weak, numbness and was not having any energy in his body. He was unable to do his daily activities and could not attend his office regularly. His health was deteriorating day by day. His CD4 counts had reduced to 250 cells.**

**On my advice SRI RAVIKUMAR started Urine Therapy in March 2009. Within a period off 10 days the deterioration of his health stopped completely and his physical health started improving. After adopting Urine Therapy he has not taken any tablets. The black patches on the skin and some portions of his skin which were appearing like burnt skin has disappeared. New skin has developed and the entire complexion of his body has become very clear and soft. The hairs have re-grown on his new skin. The Dandruff on his head has been cured and he does not have any problem. His CD-4 counts had increase from 250 cells to 663 cells in February 2010. Thereafter he has not undergone any test. His immune system has improved and he is feeling energetic, healthy attending his normal activities regularly without any problem.**

**12. MUSCULAR DYSTROPHY: - SRI ABHISHEK (M) 11 year boy was diagnosed for Muscular Dystrophy and Disability. He was consuming “Steroids” 30 mg tablets every alternative day as advised by his Doctor from 5 years and in spite of that his muscles were gradually becoming weak day by day. He had difficulty in walking, could not climb the stair case and used to fall down sometimes due to the weakness of his muscles. He required support of two persons to get up from the chair and stand up.**

**SRI ABHISHEK started Urine Therapy and within the short period of 30 days he started feeling energetic and gained the stamina in his body. The “Steroids” tablets were gradually reduced every week and he was consuming 15 mg every alternative day. His weak muscles starting improving and he was feeling strength in his body. He was able to get up from the chair on his own ability without anybody’s support. He was able to walk better than earlier and he had not fallen down even a single time while walking. He continued Urine Therapy for about 45 days. After 45 days he stopped the treatment as he was keen on going to school and attending his classes.**

**13. NEPHROTIC SYNDROME: - Master RAKSHITH (M) 9 year old boy was diagnosed with “Steroids Dependent Nephrotic Syndrome” (kidney problem) at the age of 1½ years and he was losing proteins in the Urine. As advised by Doctors he was consuming Steroids tablets 30 mg to 5 mg daily. In spite of that he used to suffer from Headache, Stomach pain and Body pain very often. He had swelling in his face, stomach, legs and other portions of the body. He was also having severe cough and wheezing problem and was unable to lead active life and could not play like other children.**

**Master RAKSHITH started Urine Therapy in December 2008. After he started the treatment Steroid tablets were gradually reduced to nil. Within a period of 10 days the severe cough and the wheezing problem stopped completely and he started improving day by day. He has been relieved from all kinds of pain and does not have swelling in any portion of his body. He has become hale and healthy and is going to his school, attending his classes regularly and playing with other children which he could not do it earlier. He continued the treatment for 3 months. After 3 months he has been continuing drinking 1 Liter of his own Urine after coming back from the school. He has become intelligent, very active, feeling energetic, leading healthy life and does not have any problem. “Steroid” Tablets have been completely stopped.**

**“Nephrotic Syndrome” affected by Birth can be Controlled/ Cured  
Persons will not be “dependent on Steroid”**

**14. CEREBRAL PALSY, MICRO CEPHALY, Mental Retardation: -**  
**BABY AMRUTHA (F) 9 year girl, was diagnosed with Cerebral Palsy, Mental Retardation, Micro CephalY, Generalized Seizure disorder by birth.**

**She was in a vegetative state for 9 years and she was suffering from various problems. She had developed progressive side ward bending of spine. Her both hands and both legs were twisted and all her joints were very stiff. She was totally disabled as she was unable to sit, stand or walk. She was not able to move her hands and legs. She was not able to hold her neck and could not turn her head. She was not able to speak a word and she was not able to communicate anything. She was born with the squint eyes and was unable to turn or move her eye balls. Her eye balls use to fall down which were not visible clearly and one could see only white screen in her eyes. She could neither see nor hear anything and could not express herself in any manner. She was surviving by taking smashed food in form of liquid as she was unable to move her jaws and could not eat anything. She used to get multiple strong seizure attacks very often for more than 20 times in a day.**

**BABY AMRUTHA started Urine Therapy in January 2009 and she gradually started improving day by day in her mental and physical health. Her spinal cord which was bending completely towards the side has improved and the curve has become smaller. She was taking “KAPRA” tablets 2000 mg for seizure her problem earlier which has been gradually reduced to 1000 mg per day. Her multiple Seizures attacks have come under control and she is getting only one or two attacks of seizures in a day.**

**Her eyes have become normal she can move her eye balls and turn her eyes. Her squint eyes have been rectified and her eye balls are clearly visible. She is able to hear and responding to sound and turning her head. She is able to recognize her parents and starts smiling at them. All her stiff joints of hands and legs have become loose, mobile and active. Her twisted hands and legs have become straight. She is able to hold her head, turn her neck and she is able to hold her parent’s fingers. Muscles have developed in her hands, legs, face and other parts of the body. She has gained strength in hands and legs and her weight has increased. She is able to sit on the chair and stand with light support for some times. She is able to open her mouth move her jaws and able to chew and eat food which she could not do it earlier. She has become intelligent and indicates her parents by making sound or crying loudly whenever she needs something or wants to pass urine. She makes sounds with her mouth and tries to speak.**

Doctors were unable to of revive her to the normal condition and could not control her multiple seizures attacks with the medical aids.



### BEFORE THE TREATMENT

**BABY AMRUTHA** has revived and recovered from her vegetative state and she is living with a remarkable improvement in her Mental and Physical health. Now her parents can see active life in a child.



### AFTER THE TREATMENT

**15. MODERATE MENTAL RETARDATION with Cerebral PALSY: -**  
**Master JAGAN (M) 10 year boy was admitted in NIMHANS Hospital in the year 2005 was diagnosed for Moderate Mental Retardation with Cerebral Palsy by birth. He was unable to sit, stand, walk, could not move his hands, legs and all his joints had become very stiff. He was not able to speak, and could not hold his neck or turn his head. He was unable to turn his eye balls and could not recognize anybody.**



#### **AFTER 45 DAYS OF TREATMENT**

**Master JAGAN started Urine Therapy in September 2008 and in a period of 45 days there was a remarkable improvement in his health. He started speaking few words for the first time after a period of 10 years after his birth.**

**All his stiff joints of hands and legs became loose, mobile and active. He was able to hold his neck, responding to sound and could turn his head. He was able to turn his eye balls and able to recognize his parents. He was able to hold glass in his hand and drink water by himself.**

**He continued the treatment for four months. Now he has become very active, very intelligent and he is able to speak properly. He takes the remote control and watches T.V. by himself and leads a happy life.**

**Urine Therapy can control and cure all ailments subject to from very birth. It can Improve Memory, Intelligence and Develop Brain Function. It can regain speaking Ability and Loss of Hearing Problem.**



**16. CEREBRAL PALSY with EXTENSIVE LEUKO-DYSTROPHY: -**  
**SRI ANSHULATH (M) 13 year boy was diagnosed with Cerebral Palsy, White Matter, Extensive LEUKO-Dystrophy, Alexander Disease and Generalized Bilateral Central Seizures. He had developed a progressive sideward bending of spine and found it difficult to sit, stand, walk and could not move his hands, legs and all his joints had become very stiff. He was not able to speak, and could not hold his neck or turn his head. He was unable to turn his eye balls and could not recognize anybody. His Head was heavy and larger in size compared to his face. Both his hands and legs were twisted.**

**His Parents had taken him to NIMHANS and other various Hospitals for consultation. Doctors at NIMAHNS gave them their opinion that his condition will deteriorate day by day and they cannot prescribe any medicine.**



### **BEFORE THE TREATMENT**

**SRI ANSHULATH started Urine Therapy in January 2009 and he started improving day by day in the gradual manner.**

**His Head which looked very heavy and large in size has become light and reduced in size to some extent and his physical features are looking better.**

**He can turn his eye balls, responding to the sound and turning his head.**

**Muscles have developed in his face, hands, legs and other portion of the body.**

**All Joints of his hands and legs have become loose and mobile.**

**His twisted hands and legs have improved, become straight to some extent.**

**He is able to keep his hands and legs straight for sometimes.**

**The above improvements were observed during the period of 4 month. The parents could not continue the treatment due to some unforeseen reasons**

17. **“ALS” ACUTE LUMBAR SPONDYLOSIS, DISC-OSTEOPHYTIC COMPLEXES from C4-5 to C6-7 and DIFFUSE DISC DEHYDRATION : - SRI KRISHNA MURTHY (M) age 39 was diagnosed with a case of “ALS” Acute Lumbar SPONDYLOSIS, Disc-OSTEOPHYTIC Complexes from C4-5 to C6-7 and “Diffuse Disc Dehydration.” He was also a Diabetic patient. In July 2008 he first realized numbness and weakness in his right hand fingers which became weak and inactive. There after his health started deteriorating day by day. Slowly his other parts of the body got effected i.e. right hand, right leg, left hands, and left leg became weak and immoveable. All his joints and muscles had become weak, stiff and in-active. He had pain in the stomach, hands, legs, back and other portions of his body. He had swelling in his both hands and legs and his hairs were falling daily. During the period of 2 years the disease had caused his multiple organ failure. It had also impaired his speaking ability and he was unable to speak properly. He had become totally dependent as he was unable to stand, walk by himself and was unable to hold or lift his hands and legs. Doctors at NIMHANS and other various hospitals advised him that there was no remedy to control or cure the disease and they were unable to stop the deterioration. He was unable to get any relief and his health which was becoming aggravated day by day.**



#### **AFTER 12 DAYS OF TREATMENT**

**Sri KRISHNA MURTHY STARTED Urine Therapy in July 2010. He stopped all his medicine. In the short period of 12 days the deterioration of his health stopped completely and he achieved remarkable improvement. He does not have swelling in his hands and legs and hairs have stopped falling. He has been relieved from pain in the stomach, back, legs and other portion of his body. His joints and muscles have become loose, active and mobile. He was able to lift his both hands & touch his face which was inactive earlier. He was able to sit and walk with the light support of 2 persons. His speaking power has also improved and he was able to speak much better than earlier.**

In the period of 3 months Sri Krishna Murthy health has gradually improved day by day. He was able to sit straight properly in a comfortable manner. Before the treatment his shoulders were bending towards front.

He regained his energy and stamina in his body and was feeling much better.

Earlier he used to feel vibration in his body which has totally stopped.

His joints have become more loose and mobile. He could lift his hands easily.

He was able to walk by himself individually with the support of walking stick.

His speaking power had improved and could speak in a better manner.

**DIABETES:** - He was also a Diabetic patient from last 8 years. He was taking 2 tablets daily and had un-controlled blood sugar i.e. above 200mg/dl.

After starting Urine Therapy the fasting sugar level was being observed from day to day. Whenever the fasting blood sugar was observed as 80 mg/dl and below then ½ tablets was reduced. In the similar manner the tablets were gradually reduced to Nil. In the period of 2 months it was observed that the fasting sugar level was normal without taking any tablets. After 2 months he was not taking any tablet and his blood sugar was in normal range. His Damaged Pancreas has revived and Diabetes from 8 years has been cured. For unforeseen reasons he stopped his treatment after 3 months and went to his native place.

**18. CHRONIC KIDNEY FAILURE:** - Dr. JAYASHREE (F) age 47 years was diagnosed with Chronic Kidney Failure. She was undergoing Dialysis treatment for 3 times in a week from last 4 years. She had completed her 458 rounds of Dialysis. After Dialysis she used to feel weak and tired.

DR. JAYSHREE started Urine Therapy in September 2010. Initially she was able to pass only 30 ml of Urine in full day which gradually increased and during the period of 30 days she was able to pass 120 ml of Urine which she used to drink it. As the out put of Urine was very less she was massaging her body with cow's Urine. After 30 days her damaged kidney's has started reviving and working and she was going for Dialysis 2 times in a Week instead of 3 times. She was not feel weakness or tiredness in her body after dialysis treatment. She gained stamina and she was feeling energetic, healthier than earlier. She stopped the treatment and as she went out of station to attend spiritual meeting after 2 months.

**DIABETES:** - She was also a Diabetic patient from last 20 years.

She was taking 54 units of injection daily (32 units in morning and 22 in night) within a period of 30 days the injection has reduced and she is taking only 30 units in the morning and her blood sugar were within normal range.



**19. IN FERTILITY; -SMT NALINAKSHI (F) AGE 36 years and SRI RAMESH (M) 38 years were married in the year 2004. SMT Nalinakshi has not been able to conceive and could not become pregnant during six years.**

**Husband and wife both had consulted Gynecologists and visited Doctors at GUNASHEELA IVF CENTRE and consulted various Infertility specialists. They underwent the Medical test, scanning, x-ray and completed all the necessary procedure. It was diagnosed with “Primary Infertility”.**

**Sri Ramesh diagnosed report of “SEMEN ANALYSIS” indicated that he was afflicted with disorder of low sperms counts and low sperm motility.**

**Smt. Nalinakshi diagnosed for afflicted with Thyroids problem. She was also suffering from menstruation problem of premenstrual syndrome “P M S”. She used to get irregular periods within 20 to 22 days. During the time of her periods she used to have excessive bleeding, stomach pain and discomfort ability. She had consulted for her “P M S” problem with number of Gynecologists but none of the Doctor’s could advise her any remedy for her problem.**

**SMT Nalinakshi underwent IUI “Intra Uterine Insemination”. It is the procedure wherein male partner’s Sperms are concentrated and injected directly into the female reproductive tract of Uterus for the purpose of enhancing the chance for successful pregnancy.**

**She underwent IUI procedure for three times at**

- 1) ARUNODAYA CLINIC**
- 2) CAMBRIDGE HISPITAL**
- 3) G M HEALTH CARE.**

**All the 3 times results were negative, and she was not able to conceive.**

**Finally Doctors advised her to undergo IVF “In Vitro Fertilization”. It is the procedure wherein female partner’s eggs are removed from her ovaries and are fertilizes with male’s sperms outside the woman’s body in the laboratory. The fertilized eggs “embryos” are transferred to woman’s Uterus for pregnancy to proceed.**

**The procedure of “IVF” was conducted at Dr. RAMESH HOSPITAL in June 2010. She underwent the procedure of “IVF” with hopes to fulfill her ambition to bear a baby but she was disappointed as the results came out as negative and she was not able to conceive. They had to spend rupees 2 lakh to undergo the treatment. They had tried almost everything to fulfill their dream but nothing worked and they were extremely stressed and dejected.**

**On my advice SMT Nalinakshi and SRI Ramesh started Urine Therapy in December 2010. Both of them busy were with their daily routine and were going to their office during the day time. They started doing partial treatment of Urine Therapy after coming back from their office during night time and in the morning before going to office.**

**Premenstrual Syndrome: - She was relieved from her PMS problem “Premenstrual syndrome” in the period of 2 months. Her irregular cycle of her periods became normal and she was getting her monthly period in regular time i.e. on 28<sup>th</sup> days in a normal manner without and discomfort ability.**

**On 19<sup>th</sup> March 2011 after completing 3 months of partial treatment they underwent medical checkup once again and their diagnosed report indicated remarkable improvement.**

**LOW SPERM COUNTS & LOW MOTILITY: - The results of Sri Ramesh “SEMEN ANALYSIS” showed as “Normal”. His low sperm counts and low motility counts had increased and have become active.**

**THYROIDS: - The investigation reports of Smt. Nalinakshi “Thyroids” showed the Normal range of Free T3, T4 and TSH. The reports of Hemoglobin, HbA1c and all her other test showed as normal range.**

## TESTIMONIALS

### MOUTH / CHEEK CANCER

Dear Jagdish Bhurani ji,

Many thanks for your mail received on 4th June. I practiced urine therapy by swirling urine in my mouth, by drinking urine and also massaging on body. Miraculous changes have happened. My left cheek was sinking in due to fat and collagen loss (due to mouth cancer). This cheek has already become 50% normal. I mean sinking of cheek is much less now. Also inside of mouth feels much better now. The only thing I did not do was keeping wet urine packs on cheeks and stomach and I did not do urine fasting. But now I will do all of this also. I have now gained confidence as I can see signs of cure. I am only 18 and I thought my life was over because mouth cancer is mostly fatal. Even if one survives after surgery, one has to live with deep scars on face for life. I will not be going for any surgery, chemo or radiation now. I really don't know how to thank you for saving my life and saving me from face disfigurement by surgery. Please accept my heartfelt thanks for the great job you are doing for the humanity.

Shivani Sharma

June 27, 2014

Dear respected Sir,

I am sorry because in my previous mails I have been addressing you as Jagdish Bhurani Ji. Sir I have been totally cured of mouth / Cheek cancer in less than 2 months. My cheek has returned to normal and now at the age of 18 I have the whole world ahead of me to enjoy. I was to die as per doctors but sir you have proved them wrong. Sir I am based in Mauritius and just graduated out of school. I am coming to Delhi to take up graduation course in JNU. Sir I will meet you in Bangalore. May be I should call you Dadaji because age wise I am just like your granddaughter.

Shivani Sharma

Jul 26, 2014

Hello Dadaji,

Many thanks for your mail. I will certainly come to meet you when I enroll in Delhi University for my degree. I will spread awareness of Urine Therapy in my country. Also I will spread awareness about harmful effects of Gutka chewing. My doctors were amazed about my recovery. When they asked me, I told them the truth about urine therapy. One of them was so impressed that he will start this therapy on his patients. I gave him full information about your web site.

**My doctors had given up hope of my survival. My parents also started asking me about any unfulfilled wishes. They told me to do everything I liked and enjoy my remaining time on earth. They were planning to take me on world tour because I am so fond of travelling but I was so out of energy and due to suffering I could not have enjoyed travelling. Thank you so much.**

**Yours loving Grand Daughter  
Shivani Sharma  
Mauritius  
Aug 14, 2014**

### **URINE THERAPY “AMRITA”**

**Dear Sir,**

**I have read extensively a book on urine therapy, in Hindi by the name Swamutra chikitsha.**

**I had developed a nodule in my larynx, and as a result severe hoarseness of voice.**

**I started taking this Amrita and got 100% cured within 2 months.**

**I am applying on my head and have noticed that my hairs are coming back. Recently a carpenter known to me had developed stone in his kidney and ureter, and after taking this Amrita, within 25 days one of his stone has disappeared, did not appear in his X-Ray.**

**I am advising a lot of my known people to start this Amrita. I am a great follower of GOD.**

**Regards**

**Pulkeshin Priyadarshi  
Jan 20, 2014**

## CANCER

**I am regularly taking morning's first urine and this gives me a lot of energy and spirit.**

**I request all patients to take their urine because this is directly connected with our soul.**

**I will also like to share with readers that urine has restricted my cancer disease to spread because in-spite of remarkable delay in diagnosis, my disease still was on the first stage.**

**Thanks**

**Rakesh Mehta**

**Jodhpur**

**Feb 04, 2014**

## CML LEUKEMIA (CANCER)

**1. Things have been improving at a pretty fast pace. My WBC dropped from 265,000 to 219,000 one month later and then three weeks after that it dropped to 151,000.**

**I plan on getting another blood test on Tuesday and I expect it to be down even further. I am beyond grateful for this, I feel like I am recovering for the first time since this whole ordeal started.**

**Jason Clark**

**Nov 03, 2012**

**2. Thank you very much. I fully intend on coming off the medication completely eventually.**

**From all the information I've seen it seems that urine therapy is a panacea.**

**Jason Clark**

**FC Richmond,**

**KY, United States**

**Jan 14, 2014**

HIV

**Thank you so much Jagdish.**

**I have not taken ART's for the past 4 months and I feel okay and good. With prayers also God has intervened in my situation. God is great for he has given you wisdom to this therapy you should also thank God for his creation wisdom and knowledge he has put in you. I also wish to spread the therapy word to those I love and know I love you Mr. Bhurani. May God richly bless you.**

**I will also teach and tell others here in Africa to go on your website so that they read other testimonies**

**Regards  
Sabina  
Zimbabwe, Africa  
May 20, 2013**

HIV

**Hello, Jagdish**

**I am a female 36 diagnose with HIV CD4 count 150 already start with Urine Therapy.**

**I am not sure when but in 2010 while being pregnant with my son and did all the necessary test and the HIV one was positive. I have never taken ART I made a conscious choice to meditate call upon GOD for an answer intuitively I came across Urine Therapy  
I will be taking a new CD4 count soon. Thanks for caring**

**Nov 13, 2013**

**Hello my deepest gratitude for doing what you do and for being there for me I got another test done at the clinic and it came out HIV negative. I just need to do another one at a lab to see my cd4 count thanks you again for being part of this hard journey with me**

**Mpumalanga,  
South Africa  
August 7, 2014**

75

**HIV**

**Hi! am good and healthy, because I was HIV+ and I was to die but since I begun urine am very OK and good my health is getting well and am very happy.**

**I introduced my children's too and they are very strong and healthy.**

**I can't say anything but to recommend that urine has done me good and I have hope in life Thanks**

**Nairobi,  
Kenya  
Feb 03, 2014**

**HIV**

**Dear Sir,**

**I am using urine therapy since last year; I made a lot of development in my health.**

**I am HIV positive, my energy becomes vibrant.**

**I also cured asthma through urine. Usually I use my morning urine three days per week.**

**Best Regards**

**Mesfin  
Ethiopia  
Jan 13, 2014**

**Hi,**

**Just want to thank you for sharing the very valuable information in saving life...**

**Kind regards,**

**Chen Wei-Li  
Taipei, Taiwan  
Nov 27, 2013**

**SEIZURES**

Dear Sir,

My seizure intensity has reduced substantially. Also mental peace has increased substantially. Earlier I could not meditate easily. Now I can meditate regularly. Main change I am expecting still is about the frequency of attacks. It has come down marginally only.

Also my confidence level about facing life has increased in a good amount.  
Regards,

Harsha Vardhana R  
[harsha.vardhana.r@gmail.com](mailto:harsha.vardhana.r@gmail.com)  
Nov 03, 2012

**PSORIASIS**

Sir,

Very glad to say I have much more improvement after started Urine Therapy in last week of September, 2012 than Homeo medicine which I have been using for the last 25 years and Ayurvedic Medicine using for the last 6 - 7 months.

Now I have stopped both Homeo and Ayurvedic Medicine.

Best Regards  
N. Surendran,  
[unni15101952@yahoo.in](mailto:unni15101952@yahoo.in)  
Ludhiana, Punjab  
Nov 03, 2012

**TEETH PAIN, GUM DECAY**

Sir,

Now a day I am totally cured from my pain. I am following your suggestion, drinking, gargling & putting wet pack regularly. Thank for your cooperation.

Rohit V.Raval  
[rohit\\_raval27@yahoo.com](mailto:rohit_raval27@yahoo.com)  
Surat, Gujrat  
November 5, 2012



**OBESITY**

**Namaskar Sir,  
Gurupurnima ki hardhik shubhkamnayen!**

**Thank you very much for guiding me with the urine therapy procedure. I owe you many many thanks. I am feeling much better. I have lost about 8 kg of weight in about 4 weeks. I am feeling more energetic.**

**I on my own have already started propagating urine therapy to the people I know who will respect this great knowledge. Thank you once again for the support.**

**Rajeshwari J V  
[rajeshwari\\_jv@yahoo.co.in](mailto:rajeshwari_jv@yahoo.co.in)  
Secunderabad  
Jul 03, 2012**

**IMMUNE SYSTEM**

**Sir, I am truly impressed by this Auto Urine Therapy. I am using this since 4 days after reading so many articles on internet and books. I find quick results in terms of improvement in Immune system, healing in Fatigue, Stomach problem, Acne remover. It's boon for someone who have tried everything in life for health but not gain anything. I suggested my all friends to adopt this unique therapy as early as possible for curing diseases. I have also gone through your website to find knowledge. Your step towards this therapy is simply outstanding, and congratulations on the eve of launching of your new book. Keep it up sir...**

**Jagdish Akbari  
[jagdish\\_akbari@rediffmail.com](mailto:jagdish_akbari@rediffmail.com)  
Surat, India  
Sept 18, 2012**

## LIGAMENTS INJURIES

**Nitin met with a major accident on 26<sup>th</sup> September 2011. He got severe Ligaments injuries on Head, neck, shoulder, spinal cord and knees. He was suffering from severe pain throughout the body due to the Ligaments injuries from 13 month in spite of taking medical treatment from number of Doctors. He was unable to sit, stand or walk properly and could not his normal activities.**

**After going through the website he contacted me personally for details. He started Urine Therapy from October 2012. In a period of 4 months (From Oct 2012 to Jan 2013) he has recovered from his sufferings in a gradual manner. His severe pain in the Head, neck, shoulder, spinal cord, knees has reduced by 90%. He is able to do his normal activities.**

**The above details has been conveyed by him on telephone on 02-01-2013**

**Confirmed By E-mail:-**

**Respected Sir,**

**I, Nitin, hereby acknowledged that the Shivambu Therapy prescribed by my beloved Mr. Jagdishji is working wonders in my accidental ligaments injuries in Shoulders, Knees and Spine (including Neck Pain). I am in continuation of his prescribed therapy from four months and I am feeling great relief. As per my improvement, I can assure myself that the problems persisting in present will be cured very soon. I am very grateful that Lord Shiva has bestowed this knowledge upon him. I may wish that his knowledge of this therapy prevails throughout the disabling diseases. Thanks to all for your wishes to live healthy and natural life.**

**Thanks and regards,**

**Nitin  
Delhi  
Jan 10, 2013**

**INJURY**

**I have received your mail and try to follow the procedure. There is another thing to be mentioned that my husband is in west Bengal transport corporation and there is so many workers who practicing urine therapy (Applying outer portion of injured organ when they injured at the time of working).**

**According to them after applying on injured portion bleeding and pain should be relieve faster than conventional medicine. So after watching this and heard from me, he is applying urine in his nail which became black and full of pain and after applying just 10 days he is free from pain only black mark exists. And when he go to his village at midnapore district, west Bengal, he told the poor people regarding therapeutic usefulness of urine at the time of snake bite as the medical help from his village is 2 hrs by bus and which is available only 4times a day.**

**Thank you.**

**Archana Bhattacharyya  
[abhattacharyya34@gmail.com](mailto:abhattacharyya34@gmail.com)  
Calcutta  
Nov 19, 2012**

**THROAT DISEASE**

**Respected Sir, Sh. Jagdish R. Bhurani**

**I am 32 year old male from Jammu, and I am very excited to inform you that urine therapy really works; I was suffering from throat disease from last 3 years. I consulted doctor and consumed concerned medicine, but I didn't get fruitful result.**

**On 20-02-2013 I started A.U.T and within week I got the result. It is really very great natural remedy.**

**Regards  
Suresh Kumar  
[sureshje113@gmail.com](mailto:sureshje113@gmail.com)  
Jammu  
Feb 28, 2013**

**GENERAL HEALTH**

**Resp. Sir,**

**I am very much thankful to you for putting a very useful & success story on net.**

**I am a state govt. officer in Gujarat govt. (Mob. 09909979577).**

**I have applied Urine Therapy since last 2 months & have got my fat and diabetes reduced. I am feeling very much better than earlier, that I have no words to narrate my joy. The day without drinking urine, feel that something is missing. I use to consume urine three times a day, early morning, two hours after meal & at evening at 6.00 pm, quantity is 200 gm per time.**

**Upon my request, my nephew's wife Jigna, 35, weight 87 kg has also started this therapy and she is also feeling very good and she also has lost some weight within a span of only 15 days.**

**She has got instant relief from permanent headache.**

**Her daughter Srushti had also KHIL on face, has also relief.**

**She used to rub urine on her face. She did this for 7 days and feels better.**

**My brother Krishnavadan age 69 retired govt. officer, had a problem in knee also started urine therapy and feel relief within a month only.**

**I wish u a long and happy & healthy life.**

**Chaitanya Parikh**

**[chaitanyaparikh@rediffmail.com](mailto:chaitanyaparikh@rediffmail.com)**

**Gandhinagar, Gujarat**

**Jan. 16, 2013**

## SPINAL CORD INJURY D12

Respected Sir,

On 23rd May 2010 , I was on duty , was coming back on Tata Loader in tunnel in kullu (H.P) , a heavy boulder of about 70 - 80 kg got strucked on my spine at D12, after then I lost both sensory and motor function in both legs and half side of my right side stomach muscles(abbs) and also urine and stool control and sensation , then I got operated in Chandigarh on 24th May 2010 ,now m walking with walker, and I have to wear splints in left foot and right side foot and knee , now my right side is very weak , don't .have control on my knee buckling and my urine and stool sensation is fair but control is bad. Still I have numbness in right side and in left foot, back side of thigh and hip.

Sir I came to know about you on 10th Jan. and I have started Urine therapy on 12th Feb, today is my 4th day, till now what I have feel giving below

@ got current type feeling in my right thigh and hip

@ little bit of my right knee contraction feeling and strength has been improved

@ left side leg lifting has been improved but little bit

Sir I am taking 3 liters urine from today and I am sure that with the grace of GOD and your blessings I will walk again. Thanks Sir

Manpreet Singh

[manpreet26singh@gmail.com](mailto:manpreet26singh@gmail.com)

Chandigarh, Punjab

Feb 27, 2013

## SPONDYLOSIS

Yes I am doing urine therapy.

I have Spondylosis and whenever pain occurs in neck or head I apply urine on it.

It really works. My pain gets vanished.

I also drink early morning mid stream urine daily.

Nameeta Arora

[nameeta1973@gmail.com](mailto:nameeta1973@gmail.com)

May 20, 2013

**WHITE PATCHES**

**Respected Bhurani ji,**

**I have used urine therapy as per yours suggestion and found it amazing. White patches on my body have stopped and I am feeling unexpected happiness.**

**My blood pressure has become normal and I am feeling much energy in my body.**

**It has changed my life. I have adopted this urine therapy for rest of my life and have decided to promulgate this therapy. Some of my friends have also benefitted from this therapy.**

**Thanking you for promoting this therapy for the peoples living with mental agony due to their ailments.**

**Rajesh Tripathi**

**[rajesh.tripathi906@gmail.com](mailto:rajesh.tripathi906@gmail.com)**

**Junagadh, Gujrat**

**Jul 19, 2013**

**SINUSITIS**

**I was suffering for sinusitis since the very birth I guess since I was 2 or 3 yr old but not more than that precisely one year back when I was 24 yrs old I just started drinking my own holy water i.e. urine and it cured me completely in six months.....**

**Recently due to in hygienic food I got infected and suffered from severe loose motion at a frequency of one hr...Just by drinking and applying urine on my stomach I cured myself in 24 hrs and in 48 hrs I was back on track....**

**Utkarsh Deep**

**[utkarshdeep\\_1991@rediffmail.com](mailto:utkarshdeep_1991@rediffmail.com)**

**Jan. 13, 2014**



## SINUS PROBLEMS

Hi Jagdish

My brother has started UT for last 30 days and he has reduced 8 kg weight also got almost 95% rid of the sinus problems which he was suffering constantly from child hood.

He intake every day 1 glass in the morning and cleans his nasal with fresh urine.

Regards

Sha Navaz

[sidish0609@gmail.com](mailto:sidish0609@gmail.com)

May 25, 2013

## ECZEMA

Hi Mr. Bhurani,

The urine therapy has cured my daughter's eczema about 80% in 6 weeks. I am so grateful for your site.

Thank you

Neha Johal

[nehajohal@hotmail.com](mailto:nehajohal@hotmail.com)

USA

Jan 21, 2014

## HAIR FALL

Dear Mr, J. Bhurani,

I do U. T. but not regularly. I would like to follow the diet chart given by you but as I told you I am doing a job. Due to busy schedule & office ambiance, I can't continue this therapy during the day. I do take urine in the morning at 3:00 am.

I tried applying urine in my hair and yes I am glad to inform you that I got rid of hair fall problem & I can now see very slight change in the color as well.

Regards

Samdev Vyas

[samdev24@gmail.com](mailto:samdev24@gmail.com)

Jan 13, 2014

**MULTIPLE BONE FRACTURE**

**I have very good experience with urine therapy.  
I was in bed for more than two years because of multiple bone fracture and now recovering.  
My immunity has increased ever since I have started UT.  
Stamina increased and wounds are healing.  
It is very good antiseptic and works very good on skin problems.  
I don't know whether it is giving strength to my broken bones.**

**Choudhary92  
[choudhary92@yahoo.com](mailto:choudhary92@yahoo.com)  
Jan 21, 2014**

**ARTHRITIS**

**Dear sir,**

**I could tell you about one 31 yr old pt who had poly Arthritis involving >5 joints at a time.  
She had been on Ayurvedic & analgesics with no relief.  
She started UT & had pain relief within a few days.  
She completed 1 yr treatment with 90% relief.**

**johny poulose  
[poulosejohny@gmail.com](mailto:poulosejohny@gmail.com)  
Jan 20, 2014**

**CONSTIPATIONS**

**My experience of urine therapy about improvement of eye sight particularly reading  
2. Anti gastric and removal of Constipations within 4-5doses.  
Skin diseases, a wonderful facial for girls pimples, moles, by rubbing face with one's own urine for a weak are successfully experimented results.  
Anti poison, Dog bite or anti medicine reactions are a few  
You can safely suggest anti HIV. You may try out in some patients.**

**Surendra Jain  
[jainskin@yahoo.co.in](mailto:jainskin@yahoo.co.in)  
Faridabad  
Jan 13, 2014**

**GENERAL HEALTH**

**Many thanks we have benefits from urine therapy this is it**

- 1. Female 48 year old friend had itchy and septic sores all over her body and scalp and suffering recurrent tonsillitis like every 2 weeks HIV positive she started UT now her skin is clean her head is clean she has normal hair growing has platted hair now and no more tonsillitis.**
- 2. Female 54 year old is Diabetic was very sick even planning to quit employment coz of frequent attacks of sickness sweating and collapsing at work and home her blood sugar reading were forever at 20 to 30 mmol but after 4 days of UT when she had her sugar checked it was at 4.8 mmol and she is very happy.**
- 3. Male 46 had stroke had right hemiplegia and lost speech his wife gave him her urine and he is now talking and walking without support now he is continuing with his urine now.**
- 4. Female 60 had chronic constipation arthritis and insomnia after UT now is free from all these diseases.**
- 5. Female 68 with painful knees lower back pain and hypertension of sbp 180/115 after a few days her blood pressure dropped to 100 62 and she is very happy doing her house hold activities freely.**
- 6. Female 34 teacher experienced balding in the centre of her head: hair loss and she started UT soaking and drinking in 2 weeks her hair started growing again.**
- 7. 45 year old myself I had ugly scars on my face was planning plastic surgery now after a couple of months on UT drinking and cleaning my face morning and evening the scars are gradually disappearing.**
- 8. Female 64 reported improvement on her vision after using urine to instill in her eyes.**

**Stampana osenotse**  
**[stampana@gmail.com](mailto:stampana@gmail.com)**  
**Jun 05, 2013**

**GENERAL HEALTH**

**Hello Mr. Bhurani,**

**Here is my testament.**

**Having read The Water of Life, by J.W. Armstrong, I decided to apply urine to my aching joints, face and graying hair. I also began drinking my urine every morning.**

**I began this treatment in November, 2013. Three months later I am pleased to report that my joints no longer cause me any pain, my skin looks younger with more color and my hair has not only returned to its original color but looks and feels healthier.**

**My wife, sons and also my father have now taken to urine therapy with similar results.**

**I would recommend urine therapy to everyone.**

**The time has come to cure instead of treat.**

**Yours sincerely,**

**Dave Reardon**

**[marie.reardon3@btinternet.com](mailto:marie.reardon3@btinternet.com)**

**Newport, United Kingdom**

**Feb 09, 2014**

**Thank you sir for the reply I really appreciate it.**

**May God bless you for the wonderful work you are doing for mankind.**

**I really wish I could meet you in person.**

**May God bless again I will update you when the need arises**

**Dr Poolar**

**[poolardr@yahoo.com](mailto:poolardr@yahoo.com)**

**Jan 09, 2014**

**ENERGETIC**

**Hello Dr**

**How are you? I drink 1glass of urine early in the morning, massage my whole body with urine wait for 20 to 30 minutes and take bath in warm water using Neem leaf powder.**

**I don't use soap. I repeat this in the evening.**

**The results are very good. I have never seen so much improvement in any treatment.**

**I massage urine with my bare hands and not with cotton.**

**I find this more comfortable than using cotton.**

**I feel very fresh and energetic.**

**GS Raju**

**[gsraj\\_1957@yahoo.co.in](mailto:gsraj_1957@yahoo.co.in)**

**Feb 03, 2014**

**Dear J Bhurani**

**I am continuing to us urine therapy. I got a lot of power and energy.**

**I recommended to my uncle he is a diabetic patient he has told me that the sugar level has been dropped from 230 to 170 after using urine therapy for two weeks.**

**His health improved a lot and he is a farmer.**

**Now start to farm previously unable to perform his regular duty.**

**Mesfin murga**

**[mmssefer@gmail.com](mailto:mmssefer@gmail.com)**

**Ethiopia**

**May 21, 2013**

**BENEFITS FROM URINE THERAPY**

**Hi Jagdish,**

**I have been practicing Urine Therapy for 2 years now, starting only as an experiment as I was investigating other alternative health protocols, but soon found that my general health improved as well as my sense of well being, and since that time I have not suffered any illness whatsoever, not even a cold.**

**I was not suffering from anything chronic, apart from asthma brought on by allergies to cats and dogs but this too has subsided to very a mild (barely noticeable) irritation**

**As a further experiment I completed a 30 Day Urine Fast to see if one could live on urine alone. I consumed all the urine I produced and washed in it at least once a day, and ate no food or drank no water in that time... what follows is a list of results of the fast:**

- **Pain from the site of an Achilles Tendon operation disappeared**
- **Nerve damage in my foot, from the same operation, gone**
- **My limb flexibility returned (I could get into the full lotus position for the first time since I was 16)**
- **My lungs regenerated (I was told 5 years ago that I had the lungs of a 70 year old, now I can run long distances without becoming breathless)**
- **Joint pain and crunching sound in my shoulder, gone**
- **I lost a lot of weight (I did not weigh myself as it was not part of the experiment but my belt went in 7 notches)**
- **The lines and wrinkles on my face smoothed out**
- **My hair started to grow back**

**Dave Murphy**

**[dmurphy25@gmail.com](mailto:dmurphy25@gmail.com)**

**Basildon, UK**

**Feb 4, 2013**

## **URINE THERAPY IT REALLY WORKS!**

**It's that time of year again where everyone wants to sunbathe and get a tan and so do I.**

**It is said a good scientist experiments on his or herself and I did just that. I have been conducting research in to urine therapy and decided to use my urine on myself with dramatic results.**

**I had been sunbathing for the past three weeks and I noticed my skin becoming red, itchy,**

**Scabby and a heat rash started to emerge becoming blotchy, sore and filled with puss.**

**With no time to lose I thought I would use my own urine to test the authenticity and see the results for myself.**

**I washed my body with my urine using a flannel and to my amazement the itching stopped the rash, sores, puss, everything went back to normal, my skin became cleaner, clearer and smoother than it's ever been.**

**Our urine contains chemical elements that heals the body it can be used on the skin or swallowed and would help fight skin cancer and all other skin and internal infections and diseases.**

**Angela Brown- Independent Researcher**

**BSc (Hons) Biological Sciences**

**[angelabrown007an@aol.co.uk](mailto:angelabrown007an@aol.co.uk)**

**Jul 21, 2013**



Hello,

I have done urine therapy for some time and found that it makes my skin clearer and in general gives me a boost in energy. I have no formal education to inform what health effects are caused by the urine therapy and which effects are just my own self telling me that I must feel better because I am doing urine therapy.

I have considered that some of the positive benefits are due to the placebo effect. I am very interested to hear what scientific findings come out of the studies you are doing.

Thank you,

Hargobind khalsa  
[hargobind\\_939@yahoo.com](mailto:hargobind_939@yahoo.com)  
Jan 21, 2014

Dear Dr. Jagdish Bhurani

As I promised that I started Urine Therapy on Aug. 29 2013 immediately after I was discharged from the hospital.

The new progress is that my left arm can touch my nose and I can walk ~30 meters slowly without a cane.

My left arm supported with middle joint can up/down for more than 108 times.

My fingers began to move a little bit ---- still weak though.

We monitored the blood pressure, and found that drinking self urine a lot does not have any side - effects on blood pressure.

I have confidence, courage and enduring for urine therapy.  
I hope that you could continue to give me more detailed advice.

Best Regards

Leon new  
[eonnew2009@gmail.com](mailto:eonnew2009@gmail.com)  
California, U.S.A  
Sep 02, 2013

**AN EXCELLENT EXPERIENCE**

**HI Mr. Jagdish,**

**It is an excellent experience. In fact I started this therapy somewhere in 2004 on my own by reading some literature, but in the absence of guidance and more literature, I stopped it. But later on I got some more literature from internet and books (English and Marathi). Again I started the therapy in May 2012 and continuing it. I am 50 and was having high BP on the border (157:85) and was taking Envas 2.5 on daily basis as suggested by doctor.**

**I was having some swelling on the legs. After starting his therapy the swelling has completely gone, No constipation and frequency on taking Envas 2.5 has come down to once or twice in a week and BP in the range of (134:72). I feel completely fresh throughout the day. Earlier I was getting tired and even after drinking lots of water the tiredness / stress was not going at all.**

**I am a corporate person having lots of activities to do on day to day basis. I would recommend all to start this therapy to avoid future illness and complications.**

**God is great that I came to know this in time.**

**While you do this therapy you have to be completely vegetarian which I find difficult.**

**I eat fish once in a week and avoid taking Urine for one day after eating fish. I am replying this immediately for the benefit of all.**

**Regards,**

**Sanjay Kini**

**Branch Manager (ECGC of India Ltd).**

**[sanjay.kini@ecgc.in](mailto:sanjay.kini@ecgc.in)**

**Surat**

**Jan 15, 2014**

## AN AUM WONDER

I've been practicing AUM [Auto-Urine Medicine] for nearly 25 years and have brought about numerous 'miracles', but shall give my brothers and sisters everywhere in the globe fabulous [ ! ] instance to establish its unlimited powers.

On the 5th of May 2005 a Professor-friend of mine with his newly-wedded wife and his parents, confided that he lacked manliness and when I glanced at the young woman's face, tears streamed down from her eyes.

Though I'm a master of a dozen therapies, at once I decided on AUM and asked the couple whether both of them would follow my piece of advice with meticulous care. Pat came the affirmative reply to comply with my directions. Frankly they answered some of my delicate questions and in a trice I could understand their lacunae. Then I prescribed them a set of rigid regimen, to consume a certain quantity of AUM internally and apply it externally as well and gave them an occult 'matter' to beget a son. After carefully calculating the periodicity of her menstrual cycle, I concluded saying that if they followed my specifications, the young woman would conceive in the first of August -- exactly three months hence. Every now and then they sought my help, which was readily forth-coming. To crown all our efforts, on August 7th by 9.00 p.m., they breathlessly informed me of the conformation of her having conceived! I assured that it would a baby-boy. Duly they begot a son and all the members of their families entreated me to give the child a name according to Numerology, which I politely declined!

It certainly is VICTORY to SHIVAMBHU, not a credit to a humble devotee [nay, slave] of LORD SHIVA. {Now, he heads the Dept. of English of a leading college in Madurai, the Abode of Goddess Meenakshi and Swamy Chokkanather.

This episode high-lights the meticulous prowess of AUM,  
As indoctrinated by Lord Shiva to His Divine Consort Uma Devi some 5,000 years ago.

Salutations at the Sacred Feet of the Universal Parents OM SANTI!

Balasubramanian V.K.

[prof.vkb@gmail.com](mailto:prof.vkb@gmail.com)

Jan. 18, 2014

**Thanks for asking yes we have many testimonies on benefits of urine therapy I will try this go round and collect the information again and if possible I would like to send even the photos.**

**My 62 year old uncle was diagnosed cancer of the stomach with liver metastasis 4th stage.**

**He was booked for surgery to remove stomach I advised him to drink every drop of urine he produced and he did.**

**He had surgery on the 4th week and surgeon told him his liver had recovered and he is doing well now on chemo and still continues wt urine.**

**Another aunty had multiple uterine fibroids booked for surgery to remove uterus told her about UT in December 2012 and was booked for July 2013 when she went for admission the gynecologist cancelled her surgery saying she does not need surgery after examining her n doing a scan on her there is many more let organize them, do more interviews and send.**

**Also we would like to launch urine therapy here in Botswana so first I would to order hard copy of urine therapy books like  
Your Own Perfect Medicine by martha Christy,  
The Golden Fountain by coen voe Kroon,  
Miracles of urine therapy by Mittal C.Patel,  
Water of Life by John Armstrong.**

**My friends have called from Lobatse coz they were very excited about it.  
My other friend Juliet Phiri can't conceive its 16 years in her marriage.  
I advised her to email you and present her case**

**Stampana Osenotse  
[stampana@gmail.com](mailto:stampana@gmail.com)  
Botswana  
Jan 17, 2014**

**Hello,**

**Noted benefits from anecdotal reporting of urine therapy include but are not limited to...**

**Lessened illness time of colds viral or bacterial**

**Topically applied pain reliever anti inflammatory**

**Useful with children 5ml under tongue daily as preventative keeps children immune system stronger**

**Eye sight improved dramatically**

**Anxiousness decreases**

**Promotes restful sleep**

**Stools regular soft**

**Skin texture improved skin younger looking**

**Increased metabolism increased appetite**

**Scars fading**

**Nail fungus show signs of retreat if ingested and topically applied.**

**Calm mind**

**Decreased allergy symptoms**

**Increased energy**

**Used topically on ingrown pussy nail. Healed**

**This is a short list but was done while eating all organic gluten free diet. And taking supplements for nutritional support.**

**Please let me know if you need any other details. I'm a registered nurse and have been documenting symptoms since we started.**

**A Ross**

**[amveross7@gmail.com](mailto:amveross7@gmail.com)**

**Jan 22, 2014**



## SIX IMPROVEMENTS SO FAR ON MY HEALTH

**Thanks a lot for the website and supporting emails. I have been following those advices and have realized great results.**

**My experiences as a result of UT for the last week till this weekend are as such;**

- i) I have been breathing with clarity and without my nostrils been blocked by mucus as used to be since my childhood.**
- ii) I used to have black lines under my eyes and after UT and frequent massage every day, it is now starting to clear out and it will soon be gone.**
- iii) I have experienced a lot of bowel movements and also felt that my digestive tracts have been cleaned and rehabilitated since I obtain instant energy out of the food I consume.**
- iv) I have in general experienced more energy than used to be since I did UT.**
- v) I am now applying UT on my chest which has had some white spot. My facial skin becomes lighter and brighter, smooth and my hair is also becoming more silky and black.**
- vi) I have received UT with open arms and love the warm morning drinks as a substitute for warm morning tea or coffee. It is becoming the best DRINK I have ever fallen in love with.**

**Thank You Very Much for the Discovery and detailed sharing of Information on the Website.**

**May God Bless you more.  
Regards,**

**Steven Ponjel  
[steven.ponjel@gmail.com](mailto:steven.ponjel@gmail.com)  
Mar 30, 2014**



**Utkarsh Deep**

**Age: 25 yrs**

**My experience with this wonder water:**

**I was suffering from sinusitis for more than 20 yrs. People invest their childhood in playing games and enjoying life but I spent my childhood in fighting with sinus, pneumonia, short breathiness.**

**In fact, increment in illness during every change of season was universal truth. I was being treated by best allopathic, homeopathic and Ayurvedic doctors. But result used to be zero. I had piles also (khoni bawasir).**

**Now with the grace of god, I just started drinking my own urine and being a strict follower of it for two yrs I observed the following:**

- 1. No more sinus and piles.**
- 2. No loss motion and at all. I had faced severe diarrhea with a frequency of loss stool at 1hr regularly for two days but urine cured it.**
- 3. No pain in my body even after doing severe hard work.**
- 4. Increase in strength and work efficiency.**
- 5. Improve in eyesight. (Had week eye sight for more than 15 yrs)**
- 6. Increase in memory power. (Had week memory)**
- 7. Reduced my fat and made the body slim and fit using the urine therapy**

**Utkarsh Deep**

**[utkarshdeep\\_1991@rediffmail.com](mailto:utkarshdeep_1991@rediffmail.com)**

**Nov 10, 2014**

**Resp.Bhurani ji,  
Namsakar.**

**Since last two years, urine therapy is going on. Hardly 3 to 4 days in a month, occasionally it does not become possible to drink urine.**

**I am feeling great freshness for the whole day. I also use to massage (malish) daily with urine. Then I don't use any type of soap. I also use urine for shaving, not using any kind of shaving cream. I mostly remain free from small complaints like pain in stomach, headache, back pain, pain in lower part (mussels) of leg etc.**

**I should not praise myself, but sometimes people known to me says that I am looking young then actually what it is ( my age is 58 running).**

**I am also benefitted in controlling diabetes with urine therapy. I want to write/say more, but there is limitation of English language, I will say only that urine is excellent for maintaining total health; it is a great and valuable gift by God, which one should know and implement it in practical way in life.**

**Wish you all the best, May God give you long life to serve the mankind.**

**chaitanya parikh  
[chaitanyaparikh@rediffmail.com](mailto:chaitanyaparikh@rediffmail.com)  
Gandhinagar, Gujarat.  
Mob: 087350 18182.  
Nov 11, 2014**



**Dear Jagdish,**

**Firstly I must appreciate your effort to facilitate people who are suffering with many kind of ailments. If I disclose myself, I was born in [1958](#). My home town is Kandy. I was /am a sportsman in throwing events such as shot-putt and discus throw. During my schooling [19 seventies] I had sever Hemorrhoid problem. I was treated by various physicians and various medical methods and final result was zero healing. Anyhow I maintained my meal management very seriously to avoid bad situations. Not only that, cholesterol levels raised rapidly [around 250-300] in my forties of age. I did my day today physical exercises, but the weight of the body was increased.**

**In month of March this year when I engage with fixing canopy for my vehicle Bolero, I got an opportunity to read a book containing Yoga Exercises. Then this valuable content was seen and we discussed thoroughly. The chief mechanic, one helper and I committed to start Urotherapy. But none of us failed to do so. However I thought my problems "Hemorrhoids", 'high lipids". Then my mind insisted me to go for U-therapy. I increased drinking urine little by little and finally I used to consume 300 ml before the bed and 300 ml in early morning. I have realized results after 2 weeks time. Improvements are flexibility, healing of Hemorrhoids, weight losing by 5 kgs.**

**Even for shaving you face, you can use your urine, but I am not advising you to wash your eyes with urine, because I was feeling uncomfortable because I felt smarting sensation. And especially as a mouth washes it seem to be easy and comfort with throat problem such as sore throat, sound variation. Specially I hate using artificial medicine, because they made uncomfortable with various problems such as gastritis, headaches. Hence My personnel idea is to move to natural medical methods and save protect your health, secondly the time and thirdly money.**

**Mithila Bandara**  
**[mithila789@gmail.com](mailto:mithila789@gmail.com)**  
**Nov 11, 2014**

**Respected Sir,**

**Congratulations for appearing in an esteemed newspaper like Indian Express. This would definitely be one step in direction of spreading awareness to common masses, and reducing the taboo attached to it. I encourage my parents too, to adopt this way of life. Hopefully, they would too, after seeing improvements in my own health.**

**Sneha Yadav  
[snehay.iitkgp@gmail.com](mailto:snehay.iitkgp@gmail.com)  
Kharagpur  
Feb 23, 2014**

**Dear Jbhurani,**

**Thank you for sharing the greatest information. This is to inform you that Urine Therapy is very powerful and can cure disease very quick. Why I am saying this because two days ago I was suffer from boil in my two armpits and my body was fever for the last two days. However after drinking and rubbing the affected part of the boil in my two armpits every time I urinate. Now I feel fresher and the boil does not pain anymore and I don't feel fever after that.**

**Regards,**

**Saozinha Amaral  
[saozinha\\_amaral@yahoo.com](mailto:saozinha_amaral@yahoo.com)  
Mar 20, 2014**

**Thank you sir sharing the details, I am almost cure from arthritis after practicing urine therapy last one month and also my thyroid also improving. I have not cured from medicine but it's cured from urine therapy, its miracle and its all credit goes to your suggestions and guidance all times. Thank you very much sir**

**Thanks & Regards,  
Santosh Nawade  
[anthosh.nawade@bankofamerica.com](mailto:anthosh.nawade@bankofamerica.com)  
Feb 24, 2014**



**Respected Mr. Bhurani,**

**I have got many benefits from drinking my own urine, and lightly massaging my body with it. I have been practicing Urine Therapy from March 2013. The benefits received are as follows:**

**My immunity has increased. I used to get frequent colds whenever there would be weather change or after travelling to a new place. Since I began practicing urine therapy, I have not got colds, cough or fever. I had a running nose only once, which got cured on its own within a day.**

**Cleansing of intestines and excellent bowel movement  
This cured the chronic problem of gas and acidity.**

**It helped me in removing excess body weight.**

**The skin of my palms in particular and skin in general became soft, naturally moisturized and shiny. Any dry patches on skin are healed.**

**Applying it on hair, has made my hair soft and naturally healthy looking, without using soap, shampoo or even oil. It relieves itching due to dandruff and cures it in a few days.**

**I use urine instead of shaving cream and after shave. It works just as well.**

**Chaitanya Kanoria (Teacher)**

**[ckanoria@gmail.com](mailto:ckanoria@gmail.com)**

**Nagpur, Maharashtra, India.**

**Mobile: +91-9922479070**

**Jan 26, 2014**



**Respected Jagdish Bhurani,**

**I was 108 Kgs in 2010 December. Due to lifestyle changes, and urine therapy, my weight in 2013 December was 88 Kgs.**

**Plus my immunity has increased massively.**

**I do not get frequent cold and cough that I used to get before the therapy began.**

**Thanks and regards,  
Chaitanya Kanoria  
[ckanoria@gmail.com](mailto:ckanoria@gmail.com)  
Nov 13, 2014**

**Urine Therapy, when I heard this I was irked a bit.  
But when I went on to take this Therapy I found a tremendous result.  
I was able to lose my weight drastically without any negative impact.  
There saw a drastic improvement when I underwent scan for the Egg counts.**

**This is really a very beneficial therapy, If people start to follow this on a regular basis I think the doctor's requirement would be reduced to a large extent.**

**Nalina M  
[nalinamuddaiah@gmail.com](mailto:nalinamuddaiah@gmail.com)  
Jan. 13, 2014**

**Respected Sir,**

**I am happy to inform you that after a one month of adoption and implementation of Urine Therapy, my father got remarkable benefit in the improvement.**

**Now he does not require a pain killer medicine.  
Yesterday he told me that he is feeling well now.**

**Thanking you**

**Bharat Patel  
[bharatd\\_1970@yahoo.com](mailto:bharatd_1970@yahoo.com)  
May 20, 2013**

Dear Sir,

Really amazing thing and that credit goes to you & you only for helping and prompting UT. We need to spread this message across the globe in maximum extent so that everybody knows about UT.

Once again thanks for your efforts of spreading awareness and updating us for this,

Best Regards

Desai, Bhavin,

[Bhavin.Desai1@essar.com](mailto:Bhavin.Desai1@essar.com)

Surat, Gujarat

Feb 05,2013

Hi, it's me Kundan Jaiswal from Nepal...I'm very glad to know about you. Though you have lots experience and knowledge of urine therapy

I have used urine up to 1 years and I found lots of benefit in disease like skin, heart, mental, bone problem and many more so..But while using urine there is few rules and regulation that we have to follow..It also keep u young..It become due to anti oxidant that is present in urine..

So dear Bhurani..I hope we will research in urine a lot...

Kundan Jaiswal

[jkundan71@yahoo.com](mailto:jkundan71@yahoo.com)

Nepal

Jan 17, 2014

## **Benefits of Juices and balanced Light Diet “Healthy Diet”**

Juices and light Balanced Diet is “Healthy Diet.” It is the Natural source of essential minerals, Proteins, rich vitamins and important Antioxidants compounds. It improves blood circulation, cleans digestive tract and strengthens the immunity system. It rejuvenates the body and is helpful and beneficial for several Diseases. It is also beneficial for Obesity and helps to Loose Weight, gain Energy and stay healthy without any side effect.

### **Recommended Fruits and Vegetables for Certain Diseases**

	<b>B.P</b>	<b>Diabetes</b>	<b>Cholesterol</b>	<b>Cancer</b>	<b>Heart</b>	<b>Asthma</b>
<b>APPLE.</b>	✓	✓	✓	✓	✓	✓
<b>BEANS.</b>	-	✓	✓	✓	-	-
<b>B.BREAD.</b>	✓	✓	-	✓	✓	-
<b>B.RICE.</b>	✓	✓	✓	✓	-	-
<b>CARROT.</b>	✓	✓	-	✓	✓	✓
<b>Cholesterol Management</b>						
<b>ATTA</b>	✓	✓	✓	✓	✓	-
<b>MOONG.</b>	✓	✓	✓	✓	✓	✓
<b>OATS.</b>	✓	✓	✓	✓	✓	✓
<b>TOMATO.</b>	✓	✓	✓	✓	✓	-
<b>Pomegranate</b>	✓	✓	✓	✓	✓	-
<b>Wheat Grass</b>	✓	✓	✓	✓	✓	✓

**ALMONDS** are rich source of Vitamin E, calcium, phosphorous, iron and magnesium. It contains the most nutrients in comparison to all other nuts. It is known to have great medical value and is beneficial for many diseases.

**APPLE** contains essential nutrients, antioxidants which helps to protect the body from certain illness and prevent the body from developing cancer and heart disease. It lowers High Blood Pressure, strengthens intestines and helps in eliminating toxic elements. It is good for energy.

**BROWN BREAD (Wheat Bread)** contains high fiber, antioxidants such as vitamin ‘B’ and Iron. It is beneficial for constipation, heart disease, cancer, Blood pressure, diabetes and helps to promotes good health,

**BROWN RICE** is an excellent source of magnesium, calcium, iron, selenium, manganese, and contains vitamins B1, B2, B3, and B6. It is a good source of dietary fiber and protein. It helps to prevent cancer, high BP and control blood glucose levels in diabetes and has the ability to lower cholesterol.

**BEANS** are the good source of nutrients, potassium, Calcium. It provides all the necessary carbohydrates and helps to lower cholesterol, blood sugar. It is beneficial for heart disease, cancer and helps intestine.

**BOTTLE GOURD (LAUKI)** is rich in essential minerals, Iron, Protein, fiber, Vitamins C and B complex. It is helpful in digestion problem, Diabetes, Liver function, Blood Pressure, Heart Disease, Urinary disorder etc.

**BUTTER** is the source of vitamin A, E, K, Calcium, Anti-oxidants, Iodine, Energy and Vital Mineral, It helps to improve muscle, strong bones, immunity system, nerves system and development of brain function.

**BUTTER MILK** is the valuable source of essential vitamins, Calcium, protein, mineral etc. It supplies the nerves and skin with healthy ingredients and helps to relive gastrointestinal disorders and constipation.

**CABBAGE** is low calorie, nutrient-dense food and is the source of many nutrients including vitamin C, Folic acid, potassium, Calcium, biotin magnesium and iron. It is helpful and beneficial for Cancer, heart problem, Diabetes, Asthma, Bronchitis, cough impurities of blood, indigestion, obesity and defective vision.

**CARROT** is the source of vitamin A, B1, B2, B6, C, E, K, Folic acid, Potassium, Calcium, Biotin, Magnesium, Manganese and Iron. It is the low chlorine, nutrient-dense food and contains Photochemical which has Anti-Cancer properties. It is beneficial for Cancer, Diabetes, Head Ache, Asthma, Bronchitis, Gallstone problem, Liver disease, intestinal ulcers, Digestion problem, immune system and skin wounds. It is muscle builder, Blood cleaner and Eye strengthener and helpful in scanty urination.

**CAULIFLOWER** is an excellent source of fiber which helps to improve colon health. It contains vitamin C and ALLICIN which can improve heart health and risk of strokes. It can strengthen the immune system and helps to maintain healthy cholesterol level. It is highly nutritious and contains many nutritious that can help to prevent range of diseases.

**CHOLESTEROL MANAGEMENT ATTA** has the high proteins, energy, carbohydrates and dietary fiber is the rich source of magnesium, manganese, copper and phosphorus. It contains healthy ingredients of Soya proteins, oats and barley. It helps to reduce high cholesterol, improves digestion and beneficial for constipation, BP, diabetes, cancer, hypertension, stroke and heart diseases.

**COCONUT WATER** contains Calcium, nutritious, electrolytes, potassium, is natural sterilized and does not have cholesterol. It improves circulation, cleans digestive tract and strengthens the immune system.

**CUCUMBER** is cool, digestive, stimulant of gastric fire. It gives relief in arthritis, benefits in rheumatic condition, diabetes and cures diseases related to Urine. It is helpful in reducing obesity and loses weight.

**CURDS (Skimmed curds)** contain Calcium, valuable source of protein, essential vitamins and minerals. It supplies the nerves and skin with healthy ingredients. It helps to relive gastrointestinal disorders and constipation.

**DATES** contains vitamin 'B', Iron, Carbohydrates, Magnesium, potassium and good source of dietary fiber. It provides natural sugar for energy which is essential mineral to maintain muscles, healthy nerve system. It is helpful for constipation, abdominal cancer, strengthens the weak heart and uterus muscles. It gives extra energy to body helps to increase hemoglobin, weight gain, muscle and bone development.

**FENUGREEK (METHI)** contains proteins, vitamin C, niacin and potassium. It can cure number of ailments and it is beneficial for cholesterol, diabetes, constipation, high triglycerides, arthritis, asthma, stomach disorder, respiratory disease and kidney problem.

**GARLIC** lowers High Blood Pressure, has effects of making the Blood Vessels wider, slows the pulse, modifies the heart rhythm, and relieves dizziness, shortness of breath and formation of gas.

**GHEE (Cow's Pure Ghee)** has the natural value, rich in Antioxidants which strengthen and boost the immunity system and has power of quick restoration of physical strength and vitality for those suffering from weakness. It helps to balance excess stomach acid and maintain mucus lining of the stomach. It penetrates, rejuvenates lipid membranes in the body and aids poor digestion. It promotes memory, intelligence and enhances brain function.

**GINGER** is a natural ingredient has the good source of potassium, magnesium, copper, manganese. It has the healing power to stimulate digestion, reduces gas and effective in preventing the symptoms of motion sickness including dizziness, nausea, vomiting. It is beneficial for digestive ailment, migraine, arthritis, high BP, reliving gas stopping diarrheas and helps to reduce severity of cold symptom, allergies etc.

**HONEY** is an important nutrient and contains iron, calcium, sodium, phosphorus, potassium, provides almost instantaneous energy, used as curative and preventive for several ailments. It is good for eyes and Asthma, beneficial in diseases of the lungs, dislodges phlegm, and promotes growth of hair and the effective remedy for constipation and hyperacidity. It helps to maintain balance of hemoglobin and red blood corpuscles.

**JAGGERY (GUR)** is unrefined sugar rich in number of nutrients like proteins, minerals, phosphorous, iron, magnesium, calcium, vitamins, potassium etc. It helps in purifying blood, regulating liver function, blood pressure, immune system and jaundice and preventing rheumatic afflictions. It strengthens nervous system and helps to relax muscles and relief from fatigue, control BP and has great benefits to clotted blood. It is beneficial for cough, asthma, indigestion, migraine, throat, lung infection and constipation.

**JEERA (CUMIN SEED)** helps to purify blood, formation of hemoglobin and is beneficial for indigestion, abdomen/pain and heart related ailments.

**LEMON (LIME)** strengthens the blood vessels, arteries, and prevents internal hemorrhage. It gives relief in kidney, bladder and abdominal disorder and helps to cure innumerable diseases. It is powerful antibacterial, dislodges phlegm, removes constipation and prevents vomiting.

**MILK (Skimmed milk)** contains less fat, helps in blood circulation, respiratory disorders and acts as a tonic, a tranquillizer and relieves acid condition of the system. It helps in maintaining health, blood circulation.

**MOONG DAL (Green Gram)** is the good source of high fiber, nutrients, proteins, calcium and essential vitamins. It is easily digestible and it provides energy, various number of health beneficial and it beneficial for heart problem, diabetes, high BP all other chronic diseases.

**MOSAMBI (sweet lime)** contains valuable nutrients and provides nourishment to the body. It increases vitality, resistance power and effective in vomiting, dehydration and blood-impurities.

**NEEM LEAVES** stimulates digestive and immune system. It improves liver function, detoxifies the blood and promotes healthy circulation, respiratory, digestive system. It is beneficial for AIDS, cancer, diabetes, kidney problem, nerves problem, blood disorder and heart disease.



**OATS** is the good source of essential vitamins, calcium, protein, energy, carbohydrates, soluble fiber and nutrients. It is rich with antioxidant, acts as aid in the absorption of vitamins and minerals from other food and strengthens the immune system. It stimulates the secretion of stomach acid to help digestion, effective in lowering blood cholesterol and can reduce hypertension and high BP. It is beneficial for cancer, diabetes, asthma, heart problem and can reduce the risk of cardiovascular disease and stroke.

**PAPAYA** is the Source of Vitamin 'A', 'B', and 'C' is beneficial for heart, liver, kidney problem, abdominal disorder, urinary disorder and constipation. It gives relief to Asthma and helps to improve diseases.

**PLANTAIN (BANANA)** has a great nutritional value a rare combination of energy value, tissue building elements, proteins, minerals, vitamin C, A1, B6, B12 and has good source of calories to promote healthy digestion and help in the regeneration of healthy tissues. It is beneficial for intestinal disorder, constipation, arthritis, gout, kidney problem etc.

**POMEGRANATE (ANNAR)** is a good source of excellent antioxidants, increases blood flow to the heart and lowers LDL cholesterol. It is a good source of vitamin A, C, E and Folic Acid. It provides nutrition, increases intellect, and vitality. It is beneficial for stomach disorder, heart problem Cancer, Anemia, Diabetes, Blood Pressure, liver, and kidney problem, burning sensation, fever, cardiac trouble, mouth-disease and vocal disorder.

**ROCK SALT** contains minerals and elements necessary for health. It helps in clearing mucus plugs, phlegm from lungs and congestion in sinuses. It balances blood sugar level assisting in the generation of hydroelectric energy in the cells of the body. It is beneficial for asthma, allergies, rheumatism, high BP, migraine headache and other problem.

**SOYA MILK** contains high number of healthy compounds. It is the source of energy, protein, vitamin a, D, Calcium, Phosphorus, Carbohydrates. It is helpful in reducing cholesterol, triglycerides and beneficial for heart disease, cancer, diabetes, kidney problem and various other health problems.

**SAPOTA (Chikoos):-** It contains good source of minerals like, potassium, copper, iron and antioxidant vitamins like vitamin A and Vitamin C which is essential for vision, skin and bones. It helps body develop resistance against infection and relieve constipation. It protects from lung and oral cavity cancer and builds strong teeth.

**SPANICH (PALAK)** is an excellent source of vitamin K, carotenes, vitamin A, B1, B2, B6, C, E, folic acid, magnesium, iron, calcium and potassium including bone building nutrients. It can decrease the risk of cataract and other age related macular degeneration of the eye sight. It is beneficial for osteoporosis, heart disease, cancer, arthritis, high BP and for maintaining bone health.

**TURMERIC** purifies the blood, stimulates, strengthens the liver and makes the entire body healthy and activated. It is useful in cold, cough, swelling, gas, blood-impurities, diabetes, wounds and skin-disease.

**TOMATO** is the source of Vitamin A, B1, B2, and C. It contains calcium, phosphorus, potassium, magnesium, chlorine, sodium and iron. It contains **LYCOPENE** which is antioxidant that can fight cancer cells and other kinds of Diseases. It is helpful for gas, indigestion and constipation and beneficial for Cancer, Vision, Heart problem, Cholesterol, high B.P. Diabetes and Kidney disorder.

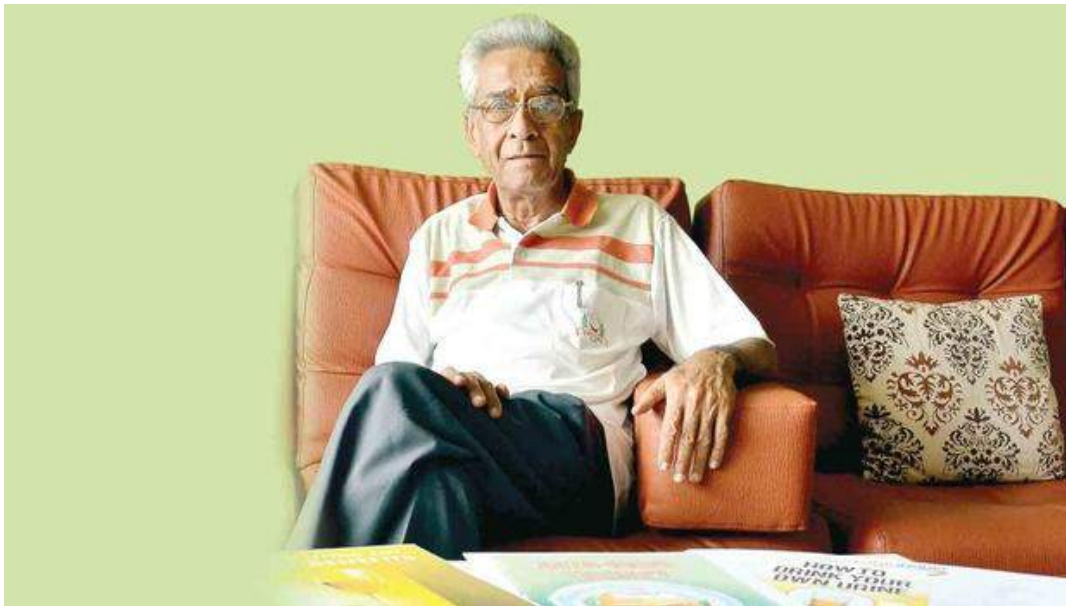
**WAL NUTS** are excellent source of protein, rich fiber. It contains vitamin B, magnesium and antioxidants, omega-3, fatty acid and several Anti-Cancer properties. It helps support the immune system and is beneficial for lowering high cholesterol, kidney problem, and asthma, reduces risk of heart problem and keeps arteries healthy.

**WHEAT GRASS** juice is nutritious which contains most of the vitamins and minerals needed for human maintenance. It is an excellent source of calcium, iron, magnesium, phosphorus, potassium, sodium, sulphur, cobalt, and zinc. It is very high in enzymes and it contains up to 70% chlorophyll, which is an important body builder. It builds red blood cells and increases blood, Hemoglobin count, helps combat Thalassemia & Anaemia. It helps in combating diseases such as Cancer, Diabetes, high B.P, Paralysis, Leukemia, Arthritis, Asthma, Menstrual problems, etc. It helps improve reproductive health of both men & women, increase vigour, vitality & helps conceive.

**Juices and Light Diet are the “Natural Healthy Food”  
It is Beneficial and Helpful to Control and Cure many Diseases**

## News Paper Article

THE NEW  
**INDIAN EXPRESS**  
By Meera Bhardwaj      Published: 23rd February 2014 06:00 AM



### Flushing Away Illness

**Bangalore businessman Jagdish R Bhurani has gone one step ahead claiming this age old natural therapy can prevent and cure cancer, AIDS, kidney failure, gall bladder stones, cerebral palsy etc. | Express Photo by Jithendra M**  
**If former Prime Minister Morarji Desai practiced urine therapy for a healthy longer life, retired Bangalore businessman Jagdish R Bhurani has gone one step ahead claiming this age old natural therapy can prevent and cure cancer, AIDS, kidney failure, gall bladder stones, cerebral palsy etc. He says, “All these years, many patients were cured and led a healthy life, but they disappeared without leaving any testimonials. However, in the last few years, I have built a thick file of case studies with details of each individual case history, medical reports and testimonials from doctors and patients to support my claims.”**

**In her last stages of stomach cancer, 55-year-old Vinoda Shetty came to Bhurani in August 2010 for a possible cure after chemotherapy failed. After taking to urine therapy, Vinoda is completely free from pain today and leading a normal life. Her daughter Priya says, “Bhurani advised my mother to immediately start urine therapy and put her on a diet free of chilies, oil and spices. Since December 2010, she has improved a lot. Various tests in the course of three years, has revealed remarkable improvement be it her blood, haematology, or biochemistry parameters. Even today, she follows the same regimen of drinking two-three liters of urine every day, massaging urine two times a day and keeping a wet pack of urine in the morning. She is stable and the disease has not spread to other parts of the body. After going through her medical reports, oncologists in Mangalore have advised her to continue with urine therapy.”**

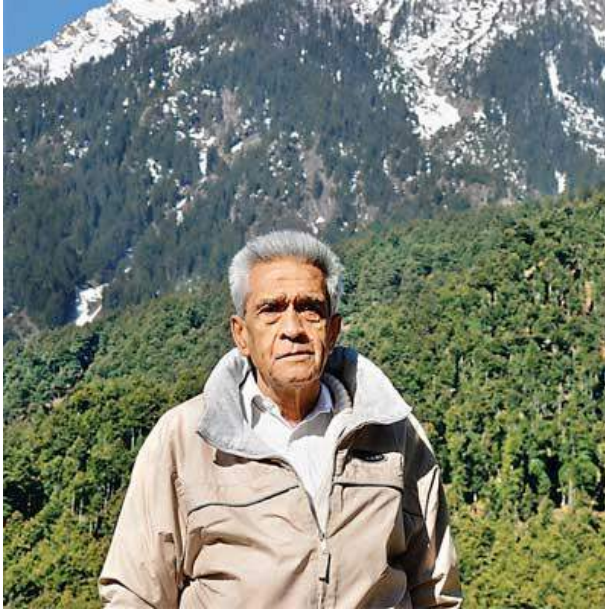
**It was in 1993, after attending an All India Conference on Urine Therapy in Goa, Bhurani was motivated to take up this method even as he saw his wife practicing it with great success. “My method is a little different from others. Earlier, it was only about drinking urine and water regularly. I recommend a healthy diet to make the urine colorless and odorless. In the case of bedridden patients, their near and dear ones can follow a good diet and donate urine to their husband, wife or children.”**

**Bhurani has set up a website: [www.urinetherapy.in](http://www.urinetherapy.in) through which he propagates the natural benefits of this therapy. “Till date, more than 65,000 people have visited my site and every week, a number of people go through the website, call up and makes inquiries by mail from different countries. Once it was considered a stigma but if followed properly, it is nothing but the nectar of life.”**

## Could Morarji Desai have been right?

Monday, Apr 8, 2013, 4:10 IST | Place: Bangalore | Agency: DNA

Deepthi MR



**Businessman Jagdish Bhurani claims, with evidence, that urine therapy can cure even terminal cancer patients.**

**For all the jokes about former Prime Minister Morarji Desai's secret of a healthy long life being urine therapy, he now may seem vindicated. A businessman Jagdish Bhurani has claimed, with evidence, that urine therapy has cured even terminal cancer patients.**

**When 28-year-old Mamatha (name changed) was admitted to the hospital with a malignant ovarian tumor, she was unaware of what was coming next. She was asked to undergo 12 sessions of chemotherapy. She lost all hopes as she had heard horrifying stories from patients who had undergone chemotherapy and decided to accept her fate. But that is when her mother suggested her to consult Jagdish Bhurani, a businessman.**

**Now, one may wonder how a businessman could help a patient with ovarian cancer. But, Mamatha today is a cancer survivor and she attributes her recovery solely to Bhurani.**

**“One has medicines in his or her own body. It is only a trick to learn how to make that medicine work for you,” Bhurani, who admits he is not a doctor and does not charge anyone, told Mamatha.**

**“He gave me a book on urine therapy. At first, it was disgusting for me. I was not sure if I should even consider it. But, I told myself that for the sake of my health, I have to do it and now, I am hale and hearty again. In fact, my skin has cleared up, my pain has vanished and my hair is growing back to its full length,” she says.**

**Yes, Mamatha had to drink her own urine as therapy for her debilitating condition.**

**Many across the world have hypothesized that massaging body with urine and also drinking one's own urine can help cure deadly diseases like cancer too.**

**Rashmi Jindal, daughter of another cancer survivor from Delhi, said: "My mother was in terminal stage. Doctors in Delhi told us that they could not treat her anymore and that we must call our relatives and give them the news. But, I had faith. I found out from a distant relative about the therapy."**

**After they contacted Bhurani, who told them to simply go to his website and follow the methods mentioned in it, Rashmi told her family about it.**

**"She was diagnosed with cancer in the bones, lungs and stomach. She was 53-years-old and the doctors had given up hope. So, we began this treatment at home. We followed very light diet including lots of water, boiled vegetables, brown rice, oat meals and fruit juices. This helped in bringing the odor of the urine down and also in making it light in color. Once this was done, she was asked to take light chemo therapy. After the second one, her lungs were clear and she had no cancer cells at all," says Rashmi.**

**Following this, Rashmi began making her mother drink more water to help her pass clear urine.**

**"Now, she has no cancer at all. All tests showed that there were no active cancer cells in her body.**

**We are glad that we found 'doctor' Jagdish," she said.**

**Many like Rashmi and Mamatha leave testimonials on Jagdish Bhurani's website. How did he find this out?**

**"I had read a book in 1993 about the treatment. We tried the therapy on my wife who was also very ill. Then, I also began using the treatment and now, I have not fallen sick at all," said Jagdish.**



**Over the years, he began researching about the therapy and learned that massaging oneself with urine and also making a wet pack of urine could cure people of various illnesses.**

**“Following this, I treated people with cancer also. One lady who had terminal stage cancer was cured completely. It is the oils, spices and chillis used in the food that makes the urine smelly.**

**Once this is gone, one can drink it like water,” he said.**

**Further, he said that after massaging oneself with urine thrice, it starts feeling like oil and it relieves pain. “It contains urea, creatinine, ammonia, sodium, potassium, calcium, magnesium, and chloride. And all are beneficial. I started a website last year and over 14,000 visitors have seen the page. I don’t charge anything to the people as it is beneficial to all those who believe in it,” he said.**

**Dr KC Ballal, former member of Central Council of Indian Medicine said:**

**“I believe in integrated medicine. When I would get terminally ill patients and they could not afford anything, I would suggest them this therapy and it has helped them a lot. A patient who had to have his kidneys replaced had no money. Once he was put on this therapy, he became fit again. If it works, why not recognize it.”**

**Nature-cure of cancer patients with their pee is a reality: Jagdish Bhurani**



**Jagdish Bhurani claims urine therapy can fully cure critical patients.  
Photo by greenlocality.com**

**Within weeks of launching his website- [www.urinetherapy.in](http://www.urinetherapy.in), in April, 2013, total number of visitors to the site reached 14,000. The number came to 38274 by September. If the flow of visitors is any indicator of the increasing acceptability of this yet-to-be-medically-recognized ‘natural’ method of treatment using ‘clean human urine’ then Jagdish R Bhurani- a retired businessman- may have already won an important battle against mind-set . But it is easier said than actually done.**

**Sitting at his basement office in Galaxy Plaza complex in Bangalore’s crowded Majestic locality and surrounded by portraits of gods and goddesses, the 70-something Bhurani told [greenlocality.com](http://greenlocality.com) that he himself and many others who come to meet him, phone him and send him thanks mails from abroad and not to speak of the list of his once critically ill patients suffering from cancer and other serious ailments, are testimonials enough to prove the efficacy of the therapy. He said his website gives a complete self-treatment manual and there is no need of anyone to come to him.**

**“Many come to me with money after having benefited from the treatment. But I don’t want any money. It is a free service. But the most important thing is to use fresh secretion. Only after taking a dietary regimen developed by me which yields an odorless water-like liquid that the therapy can be started,”** says Bhurani, who came to Bangalore from Karachi, now in Pakistan, after partition of India. Today, he is on a full-time mission to propagate the usefulness of the therapy which he claims to have its origin in the Vedic period and well-tested and tried. Last year, social activist Anna Hazare released Kannada version of one of his freely distributed books on urine therapy.

**“I have written to heads of medical fraternity, top government officials in Karnataka and in New Delhi, and all those who matter in the corridors of power or elsewhere, including former President A P J Kalam, but I am yet to get any response from them. I say that this is a cheap and easy method of self-treatment, once used by later Prime Minister Morarji Desai as well, but officials say that unless it is tested by medical science it can be allowed to be used an alternative methods of naturopathy or Uroopathy.”** So For Bhurani, it is going to be long wait. Meanwhile he continues to try and make a pitch for the therapy with supportive letters from doctors from various streams of medicines.



20th – 26th Dec. 2008

### Moderate Mental Retardation was cured through Urine Therapy



**This 10 years old boy Jagan was admitted once at Nimhans in 2005 for the diagnose of Moderate Mental Retardation with cerebral palsy. And all his reports from NIMHANS are lost. The child has never been sent to a special school, Jagan was diagnosed with Moderate Mental Retardation and Cerebral Palsy. He could not able to speak, turn his head, move his hands and legs from birth. All his joints were stiff and he was unable to sit and stand. On my advice to his parents started “Urine Therapy” for their son from 1-09-08 to 1-11-2008 (within 60 days) Jagan has started speaking and become active. He can turn his head, the joints of his hands and legs have become loose and mobile. He can hold glass in his hand and drink water said Mr. Jagdish R. Bhurani, the re inventor of this therapy. Jagan is resident of Shanthinagar whose mother is a maid servant, and father auto driver, it is miraculous improvement that this boy is now able to scroll around from one room to another room, the parents are very happy to see this transformation, many such testimonies are there to give. There many cases like who could avail this therapy free of cost, Urine therapy can control, cure all kinds of Chronic diseases, it is a free service to humanity said Jagdish,**

**Explaining how it works, Bhurani says urine therapy consists of various steps like drinking one's own urine, massaging the body with it and applying the wet pack of urine on the portions of the body.**

**Says Bhurani: "Urine rebuilds the vital organs of brain, heart, lungs, pancreas, liver and kidneys, which are damaged due to disease. It also makes the dead tissues alive and active. Urine massage and urine wet pack gives a great relief to the patients. It relaxes the muscles and dissolves toxins accumulated in the body. It can dissolve the blood clot and open the blood vessels of the heart patients. It can also dissolve the lumps and the lymphnodes of cancer patients. While following the therapy, patients must drink only urine and water, along with some juices and light diet as prescribed by persons who have sound knowledge of urine therapy." He can be contacted on 9342872578, or email: [jbhurani@gmail.com](mailto:jbhurani@gmail.com)**



22nd – 25th Dec. 2007

### **Are you ready to try this Therapy?**

**Are you one of those unfortunate ones who has tried every new age therapy and failed to cure your illness – whatever it may be? Try once more. And you might just get lucky – with Urine Therapy. Or so claims Jagdish Bhurani.**

**Having meticulously studied urine therapy and practiced it, Bhurani claims to have successfully treated many persons of their ailments. Like 55-year-old Ramakrishna Reddy who followed his instructions and was ‘miraculously’ cured of gall bladder stones. When medical tests revealed the presence of multiple stones in his gall bladder, doctors advised Ramakrishna Reddy to go for surgery. On the advice of a well-wisher, he approached Bhurani who put him under urine therapy for a period of 50 days. Five days after the treatment started, the acute pain in his stomach vanished, and after 45 days, medical tests indicated there was no trace of any stones in his bladder.**

**Bhurani cites another example of how his therapy worked wonders for Radha, who was diagnosed with breast cancer. After the biopsy confirmed the lump in her breast as cancerous, she was advised to undergo chemotherapy treatment and removal of her breast. A desperate Radha agreed to be put under urine therapy. “Within 12 days of the treatment, the severe pain in her breast had gone, and it became normal, the earlier stiffness was gone. She gained in confidence, and continued the therapy. For the last 13 months, she has not taken any medicines, and has not undergone any kind of surgery or chemotherapy treatment.**

**Now, she has no problems whatsoever and is a normal life,” says Bhurani.**



**Explaining how it works, Bhurani says urine therapy consists of various steps like drinking one's own urine, massaging the body with it and applying the wet pack of urine on the portions of the body.**

**Says Bhurani: "Urine rebuilds the vital organs of brain, heart, lungs, pancreas, liver and kidneys, which are damaged due to disease. It also makes the dead tissues alive and active. Urine massage and urine wet pack gives a great relief to the patients. It relaxes the muscles and dissolves toxins accumulated in the body. It can dissolve the blood clot and open the blood vessels of the heart patients. It can also dissolve the lumps and the lymphnodes of cancer patients. While following the therapy, patients must drink only urine and water, along with some juices and light diet as prescribed by persons who have sound knowledge of urine therapy."**

*Desperate measures call for desperate solutions. In a world where there are therapies a dime a dozen, one more does not hurt... (Jagdish Bhurani can be contacted on 9342872578)*

**“Urine Therapy” is the ancient method of treatment.  
The Powerful practice for healing  
“SELF-URINE THERAPY”  
has been referred in  
“SHIVAMBU KALPA VIDHI”  
part of 5000 years old document called  
DAMAR TANTRA  
linking this practice to  
VEDAS the sacred Hindu texts**

**Reference of Urine Therapy is also found  
in almost all the volume of AYURVEDA.**

**It is also the ancient method of YOGA practice.  
In TANTRIK Yoga culture  
This practice is termed as “AMROLI.”  
AMROLI comes from the root word “AMAR.”**

**In Ancient Books and VEDAS**

**Urine is referred as “SHIVAMBU” (Auto Urine)  
meaning Water of SHIVA.**

**They termed “SHIVAMBU” as Holy Liquid.  
According to them Urine is more nutritious than milk.**

**“Urine Therapy” is the ancient method of treatment  
which is very effective healing modality  
and most powerful Natural Therapy.**

**It is the Most Effective Natural Remedy  
and the safest method of treatment.**

**It does not have any side effects.**

**It can Prevent, Control and Cure**

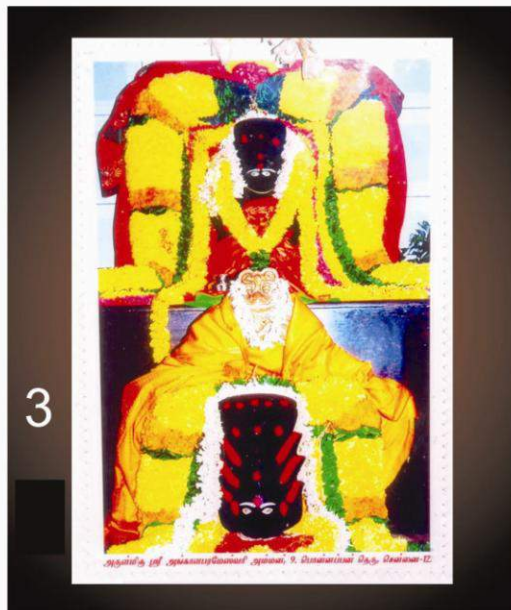
**All kinds of chronic diseases**

**It is an entirely drugless effective system of  
Healing all kinds of Chronic Diseases  
and maintaining good health.**

**God has given us this precious Gift (Urine)  
Right from our very birth**

**In the ancient method “Urine Therapy”  
was practiced in the traditional method.  
The technique of treatment was very difficult  
for most of the people to adopt and achieve its benefits**

**I have studied, Investigated and Researched  
The proper Method and Technique  
to achieve the Maximum Benefits  
from Urine Therapy which can be followed  
by every-one including young children  
suffering from Cerebral Palsy from the very birth.  
It can be adopted and practiced at home  
in a very easy method.**



1. LORD SHIVA
2. SRI GANESH
3. SRI ANGALA PARMESHWARI MATHA

***Health is Wealth***  
***“Shivambu” is the Holy Liquid***  
***The Nectar of Life***



***“Knowledge is an Ocean”***  
***The have-s should share it with have-not***  
***The Ocean will become Nectar***  
***And the World much better***

**For more details:**

- Case history, Diagnosed Reports & video recording of Cancer Patients.
- Case History & video recording of patients suffering from various diseases.
- Testimonials of patients suffering from Cancer & other various diseases.
- Benefits of Urine Therapy.
- Method of Treatment.
- Download in English, Hindi, Tamil and Kannada.

Visit: [www.urinetherapy.in](http://www.urinetherapy.in)

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